

HANDICAP RUN 07/08/2012

<u>POSITION</u>	<u>NAME</u>	<u>CLOCK TIME</u>	<u>ACTUAL TIME</u>	<u>2011 PB</u>
1	Sam Cooney	27-40	20-55	-
2	Pete Moss	28-41	24-11	-
3	James Turton	28-49	25-19	-
4	Richard Hill	29-26	22-41	-
5	Ian Beresford	29-49	24-34	24-15
6	Simon Davis	29-56	21-56	-
7	Alan Bower	29-59	23-14	22-56
8	Kev Johnson	30-36	24-21	22-18
9	Adam Chadwick	30-47	20-02	-
10	Jacob Wood	32-01	21-31	19-32
11	Paul Robinson	32-48	26-03	22-11

PB's highlighted in yellow

Season's Best in grey

Last night saw a return to the Shipley Park 'Summer' course. Good running conditions saw some excellent times. Well done to guest runner Sam Cooney for winning on the night. Welcome to new member James and another guest runner Richard. Thanks to Rachel for time keeping and to Sam for the support and, I must confess, for the illegal pacing.