

Ilkeston Running Club					
Double or Quit race 30th August 2008					
race results					
Race Number	Name	club	class	position in class	time
<b>5 mile results</b>					
563	Trevor Hiscox	mansfield harriers	vm	1	33.20
532	Brian Goodall	Erewash Valley RC	vm	2	33.33
607	Kevin Dickinson	Holme Pierrepont	vm	3	35.26
572	Sarah Walker	una	f	1	36.42
597	Alan Smith	heanor RC	vm	4	36.46
549	Stephen Dewick	stilton striders	vm	5	37.45
389	Glyn Bythway	una	vm	6	37.55
565	James Fullwood	una	m	1	37.57
509	Simon Skelton	una	m	2	38.06
544	Darren Bradley	una	m	3	38.34
517	Kathleen Davis	una	vf	1	38.45
542	Caroline Scott	sinfin RC	vf	2	39.50
361	Steve Owen	una	m	4	40.10
500	Marc Lupson	una	m	5	41.38
368	Peter Gamble	una	vm	7	41.40
529	Daz Sharpe	una	m	6	42.27
559	David Richards	formula one CC	vm	8	42.30
507	Tracie Morris	Heanor RC	vf	3	42.42
388	Catherine Houghton	una	f	2	42.45
579	Stacie Carnell	shelton striders	f	3	43.30
595	Philip Sugden	una	vm	9	43.30
596	Paul O'Connor	una	m	7	43.35
567	Melanie Dilley	Erewash Valley RC	f	4	43.49
573	Andrew Johnson	una	m	8	43.51
536	Helen Chambers	una	vf	4	44.41
537	Nigel Starr	Erewash Valley RC	vm	10	44.42
538	James Crockford	una	m	9	44.56
602	James Shaw	sulton harriers	m	10	45.35
530	Friedel Plant	Holme Pierrepont	vf	5	45.49
380	Jane Millichip	Notts AC	vf	6	45.52
395	Geoffrey Brown	una	vm	11	46.21
363	Chris Padwick	una	vm	12	46.49
604	Mary Blair	northbrook AC	vf	7	47.00
525	Simon Lewis	Erewash Valley RC	m	11	47.44
515	Steve Saunders	una	vm	13	47.50
357	Alison Allen	una	vf	8	48.36
393	Donna Kelly	Holme Pierrepont	f	5	48.44
359	Dean Wright	una	m	12	50.22
381	Lisa Salton	una	vf	9	50.31
382	Mary Dwyer	una	vf	10	50.32
543	Amanda Lewis	una	f	6	50.51
557	Trevor Palmer	masfield harriers	vm	14	52.06
534	Hayley Capewell	una	f	7	52.57
539	Bob Crockford	Long Eaton RC	vm	15	53.08

605	Rob Sheer	una	m	13	53.32
558	Peter Lythgoe	una	vm	16	55.42
360	Deborah Wright	una	f	8	56.16
502	Jacque Kirk	Redhill RR	vf	11	56.56
383	Clair Blessed	una	vf	12	57.45
562	Andy McCarrick	una	m	14	57.48
521	Claire Knowles	una	vf	13	58.27

Race Number	Name	club	class	position in class	time
<b>10 mile results</b>					
555	Alan Seamer	Heanor RC	vm	1	62.35
606	Philip Pell	Beaumont RC	m	1	63.54
603	Matthew Nutt	formula one CC	m	2	65.23
398	Patrick Fitzgerald	Long Eaton RC	vm	2	66.51
568	Matty Brennan	Erewash Valley RC	m	3	67.45
391	Dominic Seymour	una	vm	3	68.00
587	John Taylor	Rolls Royce Harriers	vm	4	69.07
591	Jon Hullis	una	vm	5	70.12
354	Luke Saxton	una	m	4	70.31
552	John Wadelin	una	m	5	70.59
504	Christopher Sprules	Aldridge RC	vm	6	71.59
541	Brendan Devlin	shelton striders	m	6	72.30
577	Henry Fletcher	long eaton hornets	m	8	73.50
376	Sean Wileman	Ivanhoe Runners	vm	7	74.23
526	Colin Lewis	Erewash Valley RC	vm	8	74.46
356	Jonathan Allen	una	m	9	75.10
528	Stephen Doleman	una	vm	9	75.32
582	Ryan Abell	una	m	10	75.38
355	Helen Brown	Totley AC	vf	1	75.58
581	Paul Smith	shepshed rc	vm	10	76.12
531	Gerald Mills	Erewash Valley RC	vm	11	77.17
396	Carl Guess	Shepshed	vm	12	77.34
550	James Naylor	long eaton hornets	vm	13	78.24
592	Keith Pepper	formula one CC	vm	14	79.09
583	Andrew Hall	long eaton hornets	vm	15	79.22
362	Paul Thomas	una	m	11	79.29
505	Gary Cragg	una	m	12	79.42
608	Michael Sharpe	shelton striders	m	13	79.54
547	Patrick Hammond	una	vm	16	80.19
503	Peter Lymer	Droitwich AC	vm	17	80.29
588	Eddie O'Grady	una	vm	18	80.55
553	Rhys Hancock	shelton striders	m	14	81.09
514	Allan Raven	una	vm	19	81.30
600	Andrew Beardmore	derwent runners	vm	20	81.38
350	K Loveridge	una	vm	21	81.41
501	Kevin Hudson	una	m	15	82.06
575	Oliver Cook	una	m	16	82.36
516	David Richardson	sinfin RC	m	17	82.46
593	Mike Drury	notts police AC	m	18	82.59
535	John Chambers	una	vm	22	83.12
379	Bev Barnes	Redhill RR	vf	2	83.15
384	Jason Lennon	una	vm	23	83.31
601	Stephen Hobbs	ripley rc	vm	24	83.34
373	Keith Lowe	una	vm	25	83.38
578	James Watt	shelton striders	m	19	83.44
546	Claz Goss	sinfin RC	vm	26	83.50
574	Rob Pearce	belper harriers	m	20	84.22

586	Joe Rees	Rolls Royce Harriers	m	21	84.25
374	Colin Bones	Redhill RR	vm	27	84.34
589	Jackie Campbell	una	f	1	84.49
523	Helen Ripley	sinfin RC	vf	3	86.19
554	Helen Alhey	shelton striders	f	2	86.53
564	Edward Mansell	una	vm	28	87.02
524	Philip Scope	sinfin RC	m	22	87.14
364	Elaine Stone	wirksworth RC	vf	4	87.36
570	Kerry Starkey	una	f	3	88.05
510	Kathleen Johnson	una	vf	5	88.36
598	Stephen Boucher	una	vm	29	88.46
599	Chris Jackson	una	vm	30	88.46
580	George Hudson-Benne	shepshed rc	vm	31	89.28
576	Jerry Cook	shepshed rc	m	23	89.37
548	Beth Taylor-Jones	una	vf	6	90.06
352	Paul Burton	una	m	24	90.19
519	Peter Ennis	una	m	25	90.37
520	Helena Wootton	una	f	4	90.53
386	Kate Nielsen	una	f	5	90.53
506	Gill Navesey	una	vf	7	91.59
375	Lara Beardsley	una	vf	8	92.31
353	Paul Gilbert	una	vm	32	93.30
556	Louise Harrison	mansfield harriers	vf	9	93.45
610	Joanne Crilly	sinfin RC	vf	10	94.21
385	Phil Hickling	bell harp hornets	vm	33	94.58
585	James Tilford	Heanor RC	m	26	95.35
584	Gavin Chadwick	Rolls Royce Harriers	m	27	95.54
590	Dean Cornes	una	vm	34	96.05
366	Matthew Grant	una	m	28	96.17
367	Suzanne Hawkins	una	f	6	96.17
377	Brenda Wileman	Ivanhoe Runners	vf	11	97.09
566	Kerri Moorhouse	Erewash Valley RC	f	7	100.18
561	Graham Allsopp	Rolls Royce Harriers	vm	35	101.15
560	Alan Smith	mansfield harriers	vm	36	103.02
571	Michael Lillie	una	m	29	103.41
513	Paula Argyle	Redhill RR	vf	12	104.07
551	Frances Wadelin	una	f	8	104.07
540	Kathy Crockford	Long Eaton RC	vf	13	105.39
387	Katy Mogg	una	f	9	107.01
545	Ennis Paisley	una	f	10	109.31
533	Brenda Marshall	una	vf	14	110.07
569	Anna Sargeant	una	vf	15	110.28
351	Madeline Salter	una	f	11	110.33
378	Jean Milne	MK Lakeside	f	12	114.23

<b>Race Number</b>	<b>Name</b>	<b>club</b>	<b>class</b>	<b>position in class</b>	<b>time</b>
512	Hilary Manning	lakeside runners	vf	16	114.23
372	Michelle Payne	MK Lakeside	vf	17	114.59
594	Cassere	long eaton hornets	vm	37	115.00
511	Jenni Skelton	una	f	13	126.22
509	Simon Skelton	una	m	30	126.22
370	Paul Gilbert	una	vm	38	132.03
508	Hugh Barnett	Mansfield Tri Club	vm	39	132.35