Daz Holloway is a former Chair of IRC who sadly passed away in 2012 whilst competing in one of his beloved fell races. To honour his memory the members of the Club have each year, since 2013, voted on and awarded a trophy to the member most thought to have made an outstanding effort whether it be for actual running or a contribution to the Club.



Many of you will remember Simon who sadly took his own life in 2017. Simon was a long standing and much loved and respected member of IRC who was renowned for the support and encouragement he gave to others.

