

## 5 mile Finisher List

| Gun pos               | Chip pos | Cat pos | Gender pos | Race num | Name (first, last)      | Age grp    | Club                            | Town            | Gun time  | Chip time | Start delay | Pace (min/mile) | Pace (min/km) |
|-----------------------|----------|---------|------------|----------|-------------------------|------------|---------------------------------|-----------------|-----------|-----------|-------------|-----------------|---------------|
| 5 mile Finishers: 116 |          |         |            |          |                         |            |                                 |                 |           |           |             |                 |               |
| 1                     | 1        | 1       | 1          | 344      | Alfie Bentley           | Male U40   | City Of Norwich AC              | Nottingham      | 0:28:43.2 | 0:28:40.2 | 0:02        | 5:44            | 3:33          |
| 2                     | 2        | 2       | 2          | 271      | Joe Gussow              | Male U40   | Anytime Fitness Ilkeston        | Ilkeston        | 0:32:43.6 | 0:32:40.2 | 0:03        | 6:32            | 4:03          |
| 3                     | 3        | 1       | 3          | 219      | James Read              | Male 40    |                                 | Nottingham      | 0:33:40.4 | 0:33:37.7 | 0:02        | 6:43            | 4:10          |
| 4                     | 4        | 3       | 4          | 206      | Matthew Knighton        | Male U40   |                                 | Ilkeston        | 0:35:43.8 | 0:35:43.0 | 0:00        | 7:08            | 4:26          |
| 5                     | 5        | 4       | 5          | 83       | Matthew Jackson         | Male U40   | Heanor Running Club             | Loscoe          | 0:35:52.6 | 0:35:47.5 | 0:05        | 7:09            | 4:26          |
| 6                     | 6        | 1       | 1          | 309      | Sarah Tyler             | Female U35 | Holme Pierrepont Running Club   | Arnold          | 0:35:53.7 | 0:35:49.3 | 0:04        | 7:09            | 4:27          |
| 7                     | 7        | 5       | 6          | 324      | Scott Woodward          | Male U40   |                                 | ILKESTON        | 0:35:59.6 | 0:35:55.7 | 0:03        | 7:11            | 4:27          |
| 8                     | 8        | 6       | 7          | 141      | Brendan Mckeown         | Male U40   | Fortress Martial Arts & Fitness |                 | 0:36:18.6 | 0:36:12.3 | 0:06        | 7:14            | 4:29          |
| 9                     | 9        | 2       | 8          | 87       | Nickolas Neale          | Male 40    | Peel Road Runners               | Birmingham      | 0:37:50.6 | 0:37:46.9 | 0:03        | 7:33            | 4:41          |
| 10                    | 10       | 3       | 9          | 207      | Ian Chapman             | Male 40    |                                 |                 | 0:38:04.1 | 0:38:00.3 | 0:03        | 7:36            | 4:43          |
| 11                    | 11       | 7       | 10         | 112      | James Close             | Male U40   | Ilkeston Running Club           | Ilkeston        | 0:38:13.9 | 0:38:10.5 | 0:03        | 7:38            | 4:44          |
| 12                    | 12       | 4       | 11         | 116      | Simon Fennemore         | Male 40    |                                 | Derby           | 0:39:28.6 | 0:39:20.7 | 0:07        | 7:52            | 4:53          |
| 13                    | 13       | 1       | 2          | 398      | Angela Forte            | Female 50  | Ripley Running Club             | Belper          | 0:39:38.0 | 0:39:30.9 | 0:07        | 7:54            | 4:54          |
| 14                    | 15       | 8       | 12         | 290      | Nick Roberts            | Male U40   | Team Face                       | Nottingham      | 0:39:42.9 | 0:39:31.7 | 0:11        | 7:54            | 4:54          |
| 15                    | 14       | 9       | 13         | 292      | Gareth Williams         | Male U40   | Team Face                       |                 | 0:39:42.9 | 0:39:31.6 | 0:11        | 7:54            | 4:54          |
| 16                    | 16       | 1       | 14         | 399      | Richard Sims            | Male 55    | Ripley Running Club             |                 | 0:39:43.1 | 0:39:36.0 | 0:07        | 7:55            | 4:55          |
| 17                    | 17       | 1       | 3          | 23       | Nicola Hubbard          | Female 35  | Redhill Road Runers             |                 | 0:39:49.0 | 0:39:43.1 | 0:05        | 7:56            | 4:56          |
| 18                    | 18       | 5       | 15         | 169      | Brian Haddon            | Male 40    | JT Fitness Bootcamp             | Ilkeston        | 0:40:05.1 | 0:40:00.5 | 0:04        | 8:00            | 4:58          |
| 19                    | 19       | 10      | 16         | 40       | Arran Smith             | Male U40   | JT Fitness Bootcamp             | Ilkeston        | 0:40:39.7 | 0:40:34.5 | 0:05        | 8:06            | 5:02          |
| 20                    | 20       | 6       | 17         | 63       | Jonathan Allen          | Male 40    |                                 | HEANOR          | 0:40:42.6 | 0:40:39.4 | 0:03        | 8:07            | 5:03          |
| 21                    | 21       | 2       | 4          | 318      | Erin Haddon             | Female 35  | JT Fitness Bootcamp             | Ilkeston        | 0:40:47.7 | 0:40:47.7 | 0:00        | 8:09            | 5:04          |
| 22                    | 22       | 7       | 18         | 37       | Andrew Zyngiel          | Male 40    | Ashbourne RC                    | Ashbourne       | 0:41:25.2 | 0:41:10.3 | 0:14        | 8:14            | 5:06          |
| 23                    | 24       | 2       | 5          | 231      | Gina Hannaford          | Female 50  | JT Fitness Bootcamp             |                 | 0:41:50.9 | 0:41:47.2 | 0:03        | 8:21            | 5:11          |
| 24                    | 23       | 11      | 19         | 163      | Michael Pride           | Male U40   |                                 | Heanor          | 0:41:55.9 | 0:41:36.3 | 0:19        | 8:19            | 5:10          |
| 25                    | 25       | 1       | 20         | 248      | Matt Arnold             | Male 45    | Team Balanced Performance       | Nottingham      | 0:42:01.4 | 0:41:48.2 | 0:13        | 8:21            | 5:11          |
| 26                    | 26       | 1       | 21         | 351      | Chris Aulton            | Male 50    | Balanced Performance            | Nottingham      | 0:42:53.1 | 0:42:39.9 | 0:13        | 8:31            | 5:18          |
| 27                    | 27       | 12      | 22         | 272      | Gavin Chadwick          | Male U40   | Rolls Royce Harriers            | Derby           | 0:42:58.3 | 0:42:50.2 | 0:08        | 8:34            | 5:19          |
| 28                    | 29       | 2       | 23         | 358      | Martin Byrne            | Male 45    | JT Fitness Bootcamp             | Derby           | 0:43:16.8 | 0:43:11.3 | 0:05        | 8:38            | 5:22          |
| 29                    | 30       | 3       | 24         | 222      | Simon Dunmore           | Male 45    | JT Fitness Bootcamp             | Ilkeston        | 0:43:16.8 | 0:43:12.0 | 0:04        | 8:38            | 5:22          |
| 30                    | 28       | 8       | 25         | 89       | Rob Abrehart            | Male 40    |                                 | Mickleover      | 0:43:17.8 | 0:43:07.3 | 0:10        | 8:37            | 5:21          |
| 31                    | 31       | 1       | 26         | 216      | Alan Smith              | Male 60    |                                 | Ilkeston        | 0:43:24.9 | 0:43:15.4 | 0:09        | 8:39            | 5:22          |
| 32                    | 33       | 9       | 27         | 49       | David Bradley           | Male 40    |                                 | Nottingham      | 0:43:33.2 | 0:43:22.9 | 0:10        | 8:40            | 5:23          |
| 33                    | 32       | 2       | 6          | 215      | Sarah Elder             | Female U35 |                                 | Matlock         | 0:43:35.3 | 0:43:20.4 | 0:14        | 8:40            | 5:23          |
| 34                    | 35       | 2       | 28         | 208      | Adrian Milner           | Male 55    |                                 | Derby           | 0:44:21.1 | 0:44:08.6 | 0:12        | 8:49            | 5:29          |
| 35                    | 34       | 3       | 7          | 303      | Liz Whittaker           | Female 35  | Balanced Performance            | Nottungham      | 0:44:21.3 | 0:44:07.8 | 0:13        | 8:49            | 5:29          |
| 36                    | 36       | 10      | 29         | 153      | Gary Taylor             | Male 40    |                                 | ILKESTON        | 0:45:06.8 | 0:44:56.2 | 0:10        | 8:59            | 5:35          |
| 37                    | 37       | 3       | 30         | 93       | Paul Milner             | Male 55    | Long Eaton Running Club         | Nottingham      | 0:45:15.6 | 0:45:03.4 | 0:12        | 9:00            | 5:35          |
| 38                    | 38       | 4       | 31         | 247      | John James              | Male 55    |                                 |                 | 0:45:38.3 | 0:45:25.5 | 0:12        | 9:05            | 5:38          |
| 39                    | 39       | 5       | 32         | 26       | Ken Bell                | Male 55    | Wilne Runners                   | Burton on Trent | 0:46:05.7 | 0:45:57.1 | 0:08        | 9:11            | 5:42          |
| 40                    | 41       | 2       | 33         | 182      | Daniel Coleman          | Male 60    | All About Jogging               | Heanor          | 0:46:43.2 | 0:46:25.7 | 0:17        | 9:17            | 5:46          |
| 41                    | 40       | 1       | 8          | 354      | Bridget Langton-Leivers | Female 40  |                                 |                 | 0:46:43.3 | 0:46:25.2 | 0:18        | 9:17            | 5:46          |
| 42                    | 42       | 2       | 34         | 330      | Steven Plumb            | Male 50    |                                 | Burton on Trent | 0:47:00.9 | 0:46:46.6 | 0:14        | 9:21            | 5:48          |
| 43                    | 43       | 2       | 9          | 370      | Maria White             | Female 40  | Long Eaton Running Club         | Derby           | 0:47:09.1 | 0:46:55.8 | 0:13        | 9:23            | 5:49          |
| 44                    | 44       | 3       | 10         | 57       | Sue Rainsbury           | Female 40  |                                 | Nottingham      | 0:47:24.8 | 0:47:07.9 | 0:16        | 9:25            | 5:51          |
| 45                    | 45       | 3       | 11         | 371      | Rachel Evans            | Female U35 |                                 | Belper          | 0:47:43.4 | 0:47:36.5 | 0:06        | 9:31            | 5:54          |
| 46                    | 46       | 4       | 12         | 352      | Sarah Halford           | Female 40  | Balanced Performance            | Sandiacre       | 0:47:57.0 | 0:47:43.4 | 0:13        | 9:32            | 5:55          |
| 47                    | 47       | 1       | 13         | 254      | Diane Stewart           | Female 45  | Mansfield Harriers              | Notts           | 0:48:01.6 | 0:47:53.3 | 0:08        | 9:34            | 5:57          |
| 48                    | 48       | 4       | 14         | 250      | Lyndsey Stevenson       | Female U35 | Mansfield Harriers              | Nottingham      | 0:48:09.8 | 0:48:01.9 | 0:07        | 9:36            | 5:58          |
| 49                    | 49       | 3       | 35         | 230      | Clive Hannaford         | Male 50    | JT Fitness Bootcamp             | Ilkeston        | 0:48:15.0 | 0:48:09.7 | 0:05        | 9:37            | 5:59          |
| 50                    | 50       | 1       | 36         | 333      | Barry Boole             | Male 65+   | Sinfin RC                       | Derby           | 0:48:41.7 | 0:48:31.1 | 0:10        | 9:42            | 6:01          |
| 51                    | 51       | 3       | 15         | 228      | Debbie Hewitt           | Female 50  | Heanor Running Club             | Newton Stewart  | 0:48:46.9 | 0:48:37.5 | 0:09        | 9:43            | 6:02          |

## 5 mile Finisher List

| Gun pos | Chip pos | Cat pos | Gender pos | Race num | Name (first, last)    | Age grp    | Club                         | Town         | Gun time  | Chip time | Start delay | Pace (min/mile) | Pace (min/km) |
|---------|----------|---------|------------|----------|-----------------------|------------|------------------------------|--------------|-----------|-----------|-------------|-----------------|---------------|
| 52      | 52       | 5       | 16         | 394      | Shareen Sabir         | Female 40  | Notts Women Runners          | Nottingham   | 0:49:00.4 | 0:48:45.5 | 0:14        | 9:45            | 6:03          |
| 53      | 53       | 5       | 17         | 241      | Hannah Millwater      | Female U35 |                              | Nottingham   | 0:49:01.8 | 0:48:45.7 | 0:16        | 9:45            | 6:03          |
| 54      | 55       | 6       | 18         | 85       | Susan Wheatcroft      | Female U35 | Beeston AC                   | Nottingham   | 0:49:03.1 | 0:48:54.9 | 0:08        | 9:46            | 6:04          |
| 55      | 54       | 7       | 19         | 244      | Katie Bonner          | Female U35 |                              | Nottingham   | 0:49:05.2 | 0:48:49.4 | 0:15        | 9:45            | 6:04          |
| 56      | 56       | 2       | 20         | 197      | Stephanie Hunter      | Female 45  |                              | Morley       | 0:49:17.0 | 0:49:00.2 | 0:16        | 9:48            | 6:05          |
| 57      | 57       | 13      | 37         | 260      | Sullivan Smith        | Male U40   | Cambridge and Coleridge      | Cambridge    | 0:49:19.0 | 0:49:18.1 | 0:00        | 9:51            | 6:07          |
| 58      | 59       | 3       | 38         | 195      | Bob Crockford         | Male 60    | Long Eaton Running Club      |              | 0:49:43.9 | 0:49:31.1 | 0:12        | 9:54            | 6:09          |
| 59      | 58       | 1       | 21         | 189      | Angela Burley         | Female 60+ | Notts Women Runners          | Nottingham   | 0:49:46.7 | 0:49:27.5 | 0:19        | 9:53            | 6:08          |
| 60      | 60       | 1       | 22         | 27       | Chantal Allen         | Female 55  | Wilne Runners                |              | 0:49:56.2 | 0:49:47.9 | 0:08        | 9:57            | 6:11          |
| 61      | 61       | 6       | 23         | 70       | Alison Parsons        | Female 40  | Ilkeston Joggers             |              | 0:50:09.7 | 0:49:52.8 | 0:16        | 9:58            | 6:11          |
| 62      | 62       | 14      | 39         | 391      | Michael Gilman-Hughes | Male U40   |                              | Nottingham   | 0:50:33.3 | 0:50:17.4 | 0:15        | 10:03           | 6:14          |
| 63      | 63       | 15      | 40         | 360      | Mark Chadwick         | Male U40   |                              |              | 0:50:43.2 | 0:50:29.5 | 0:13        | 10:05           | 6:16          |
| 64      | 65       | 2       | 24         | 194      | Kathy Crockford       | Female 55  | Long Eaton Running Club      | Breaston     | 0:50:51.4 | 0:50:39.6 | 0:11        | 10:07           | 6:17          |
| 65      | 64       | 4       | 41         | 340      | Nigel Tissington      | Male 60    |                              |              | 0:50:56.9 | 0:50:36.2 | 0:20        | 10:07           | 6:17          |
| 66      | 66       | 8       | 25         | 81       | Lauren Shaw           | Female U35 |                              | Belper       | 0:51:08.4 | 0:50:57.1 | 0:11        | 10:11           | 6:19          |
| 67      | 67       | 7       | 26         | 261      | Jeniffer Li           | Female 40  |                              |              | 0:51:21.1 | 0:51:11.0 | 0:10        | 10:14           | 6:21          |
| 68      | 69       | 4       | 42         | 268      | Lawrence Simpson      | Male 45    | Anytime Fitness Ilkeston     | Huddersfield | 0:52:57.9 | 0:52:41.8 | 0:16        | 10:32           | 6:32          |
| 69      | 68       | 11      | 43         | 266      | Steve Brunt           | Male 40    | Anytime Fitness Ilkeston     | Ilkeston     | 0:52:58.0 | 0:52:41.3 | 0:16        | 10:32           | 6:32          |
| 70      | 70       | 6       | 44         | 283      | Peter Lythgoe         | Male 55    |                              | Manchester   | 0:53:45.3 | 0:53:27.8 | 0:17        | 10:41           | 6:38          |
| 71      | 72       | 16      | 45         | 331      | Joseph Allen          | Male U40   |                              | Chesterfield | 0:54:29.1 | 0:54:18.0 | 0:11        | 10:51           | 6:44          |
| 72      | 71       | 8       | 27         | 110      | Helen York            | Female 40  | Wreake Runners               |              | 0:54:32.9 | 0:54:15.2 | 0:17        | 10:51           | 6:44          |
| 73      | 73       | 4       | 28         | 25       | Sarah Colburn         | Female 35  | Team Derby Runner            | Derby        | 0:54:50.1 | 0:54:42.6 | 0:07        | 10:56           | 6:47          |
| 74      | 74       | 5       | 29         | 92       | Nic Walters           | Female 35  | Notts Women Runners          | Nottingham   | 0:54:58.9 | 0:54:50.0 | 0:08        | 10:58           | 6:48          |
| 75      | 75       | 12      | 46         | 262      | Wayne Swiffin         | Male 40    |                              | Clipstone    | 0:55:16.7 | 0:55:11.2 | 0:05        | 11:02           | 6:51          |
| 76      | 76       | 3       | 30         | 246      | Bis Whatling          | Female 55  | Derwent Runners (Derby)      | Derby        | 0:55:30.3 | 0:55:17.1 | 0:13        | 11:03           | 6:52          |
| 77      | 77       | 6       | 31         | 130      | Karen Caine           | Female 35  |                              | Ilkeston     | 0:55:31.8 | 0:55:17.3 | 0:14        | 11:03           | 6:52          |
| 78      | 78       | 3       | 32         | 341      | Linda-Claire Smith    | Female 45  |                              | Derby        | 0:55:39.4 | 0:55:20.2 | 0:19        | 11:04           | 6:52          |
| 79      | 79       | 9       | 33         | 359      | Gillian Ross          | Female U35 |                              | Ilkeston     | 0:56:02.3 | 0:55:48.5 | 0:13        | 11:09           | 6:56          |
| 80      | 80       | 7       | 34         | 50       | Emily Alderman        | Female 35  |                              |              | 0:56:55.2 | 0:56:43.5 | 0:11        | 11:20           | 7:02          |
| 81      | 81       | 9       | 35         | 203      | Louise Buxton         | Female 40  | Belper Harriers              | Belper       | 0:58:03.5 | 0:57:42.8 | 0:20        | 11:32           | 7:10          |
| 82      | 82       | 10      | 36         | 129      | Samantha Smith        | Female 40  |                              | Sandiacre    | 0:58:05.6 | 0:57:50.8 | 0:14        | 11:34           | 7:11          |
| 83      | 83       | 2       | 37         | 152      | Mary Slater           | Female 60+ |                              | Nottingham   | 0:58:52.9 | 0:58:32.6 | 0:20        | 11:42           | 7:16          |
| 84      | 84       | 4       | 38         | 389      | Fiona England         | Female 50  |                              | Derby        | 0:58:58.2 | 0:58:48.0 | 0:10        | 11:45           | 7:18          |
| 85      | 85       | 11      | 39         | 267      | Nicola Bramley        | Female 40  | Anytime Fitness Ilkeston     | Ilkeston     | 0:59:18.3 | 0:59:02.4 | 0:15        | 11:48           | 7:20          |
| 86      | 87       | 10      | 40         | 282      | Charlette Judd        | Female U35 |                              | Notts        | 0:59:28.4 | 0:59:21.6 | 0:06        | 11:52           | 7:22          |
| 87      | 86       | 2       | 47         | 142      | Paul Mckeown          | Male 65+   |                              |              | 0:59:30.9 | 0:59:09.8 | 0:21        | 11:49           | 7:21          |
| 88      | 89       | 8       | 41         | 348      | Donna Weightman       | Female 35  |                              | Alfreton     | 0:59:35.1 | 0:59:24.2 | 0:10        | 11:52           | 7:22          |
| 89      | 90       | 11      | 42         | 232      | Melissa Shaw          | Female U35 | Notts Women Runners          | Nottingham   | 0:59:44.0 | 0:59:27.0 | 0:16        | 11:53           | 7:23          |
| 90      | 88       | 5       | 43         | 253      | Irene Epworth         | Female 50  | Notts Women Runners          | Nottingham   | 0:59:44.2 | 0:59:23.6 | 0:20        | 11:52           | 7:22          |
| 91      | 91       | 9       | 44         | 176      | Samantha Day          | Female 35  |                              | Thorneywood  | 0:59:53.0 | 0:59:40.9 | 0:12        | 11:56           | 7:25          |
| 92      | 94       | 12      | 45         | 160      | Emily Harrison        | Female U35 |                              | Derby        | 1:01:48.3 | 1:01:40.7 | 0:07        | 12:20           | 7:39          |
| 93      | 93       | 4       | 46         | 157      | Isobel Duckworth      | Female 55  |                              | DERBYSHIRE   | 1:01:54.0 | 1:01:31.3 | 0:22        | 12:18           | 7:38          |
| 94      | 92       | 13      | 48         | 46       | Andrew Lord           | Male 40    |                              | Nottingham   | 1:01:55.1 | 1:01:30.2 | 0:24        | 12:18           | 7:38          |
| 95      | 95       | 13      | 47         | 115      | Emily Rawson          | Female U35 |                              | Ilkeston     | 1:03:00.2 | 1:02:43.0 | 0:17        | 12:32           | 7:47          |
| 96      | 96       | 3       | 48         | 339      | Josephine Stevens     | Female 60+ |                              | Belper       | 1:03:30.6 | 1:03:14.5 | 0:16        | 12:38           | 7:51          |
| 97      | 97       | 14      | 49         | 145      | Sian Pickering        | Female U35 |                              | Ilkeston     | 1:03:34.8 | 1:03:19.3 | 0:15        | 12:39           | 7:52          |
| 98      | 98       | 4       | 50         | 173      | Alison Atkins         | Female 45  |                              |              | 1:03:50.3 | 1:03:31.1 | 0:19        | 12:42           | 7:53          |
| 99      | 99       | 5       | 51         | 172      | Joanne Reddish        | Female 45  | Woodthorpe Huffers & Puffers | Nottingham   | 1:03:50.9 | 1:03:32.8 | 0:18        | 12:42           | 7:53          |
| 100     | 100      | 12      | 52         | 314      | Jenny Todd            | Female 40  |                              | Nottingham   | 1:03:55.3 | 1:03:37.2 | 0:18        | 12:43           | 7:54          |
| 101     | 101      | 15      | 53         | 170      | Elizabeth Arnall      | Female U35 | Beeston AC                   | Beeston      | 1:04:59.2 | 1:04:37.3 | 0:21        | 12:55           | 8:01          |
| 102     | 102      | 16      | 54         | 188      | Maria Bott            | Female U35 |                              | Nottingham   | 1:05:19.4 | 1:04:57.3 | 0:22        | 12:59           | 8:04          |
| 103     | 104      | 17      | 55         | 133      | Stacey Barr           | Female U35 | Notts Women Runners          |              | 1:06:17.4 | 1:05:57.2 | 0:20        | 13:11           | 8:11          |

**5 mile Finisher List**

| Gun pos | Chip pos | Cat pos | Gender pos | Race num | Name (first, last) | Age grp    | Club                         | Town               | Gun time  | Chip time | Start delay | Pace (min/mile) | Pace (min/km) |
|---------|----------|---------|------------|----------|--------------------|------------|------------------------------|--------------------|-----------|-----------|-------------|-----------------|---------------|
| 104     | 103      | 18      | 56         | 132      | Rachael Walker     | Female U35 | Notts Women Runners          | Nottingham         | 1:06:17.7 | 1:05:56.0 | 0:21        | 13:11           | 8:11          |
| 105     | 105      | 6       | 57         | 297      | Fiona Green        | Female 45  |                              | Kirkby in Ashfield | 1:06:48.1 | 1:06:26.9 | 0:21        | 13:17           | 8:15          |
| 106     | 106      | 13      | 58         | 264      | Janine Osborne     | Female 40  | Anytime Fitness Ilkeston     | Ilkeston           | 1:07:40.2 | 1:07:29.5 | 0:10        | 13:29           | 8:23          |
| 107     | 107      | 10      | 59         | 263      | Sarah Taylor       | Female 35  | Anytime Fitness Ilkeston     | Sadiacre           | 1:07:40.2 | 1:07:33.3 | 0:06        | 13:30           | 8:23          |
| 108     | 108      | 11      | 60         | 159      | Joanne Morley      | Female 35  |                              | Ilkeston           | 1:07:58.9 | 1:07:38.5 | 0:20        | 13:31           | 8:24          |
| 109     | 109      | 12      | 61         | 62       | Gill Wain          | Female 35  | Woodthorpe Huffers & Puffers |                    | 1:09:08.8 | 1:08:48.5 | 0:20        | 13:45           | 8:33          |
| 110     | 110      | 14      | 62         | 54       | Marianne Burford   | Female 40  | Notts Women Runners          | Huthwaite          | 1:09:30.8 | 1:09:12.5 | 0:18        | 13:50           | 8:36          |
| 111     | 111      | 19      | 63         | 274      | Heather Jones      | Female U35 | Notts Women Runners          |                    | 1:14:34.9 | 1:14:15.3 | 0:19        | 14:51           | 9:13          |
| 112     | 112      | 5       | 64         | 384      | Christine Ebbage   | Female 55  | Woodthorpe Huffers & Puffers | Nottingham         | 1:15:30.8 | 1:15:07.0 | 0:23        | 15:01           | 9:20          |
| 113     | 113      | 20      | 65         | 275      | Karen Newton       | Female U35 |                              | Derby              | 1:16:17.8 | 1:15:59.4 | 0:18        | 15:11           | 9:26          |
| 114     | 114      | 4       | 49         | 353      | Philip Leivers     | Male 50    |                              | Ilkeston           | 1:16:50.3 | 1:16:31.1 | 0:19        | 15:18           | 9:30          |
| 115     | 115      | 15      | 66         | 287      | Caroline Murphy    | Female 40  | Team Derby Runner            | Derby              | 1:18:05.9 | 1:17:47.5 | 0:18        | 15:33           | 9:40          |
| 116     | 116      | 21      | 67         | 242      | Christine Swain    | Female U35 |                              | Chesterfield       | 1:47:48.7 | 1:47:26.5 | 0:22        | 21:29           | 13:21         |

Number of records: 116

**10 mile Finisher List**

| Gun                           | Chip | Cat | Gender | Race | Name (first, last) | Age grp    | Club                          | Town               | Gun time  | Chip time | Start | Pace | Pace | Lap 1 | L1 | Lap 2 | Pos |
|-------------------------------|------|-----|--------|------|--------------------|------------|-------------------------------|--------------------|-----------|-----------|-------|------|------|-------|----|-------|-----|
| <b>10 mile Finishers: 241</b> |      |     |        |      |                    |            |                               |                    |           |           |       |      |      |       |    |       |     |
| 1                             | 1    | 1   | 1      | 300  | Luke Beresford     | Male U40   | Ripley Running Club           | Ripley             | 0:58:39.1 | 0:58:36.3 | 0:02  | 5:51 | 3:38 | 29:34 | 1  | 29:04 | 0   |
| 2                             | 2    | 2   | 2      | 177  | Robert Donald      | Male U40   | Shelton Striders              | Ilkeston           | 0:59:38.2 | 0:59:37.0 | 0:01  | 5:57 | 3:42 | 29:53 | 2  | 29:44 | 0   |
| 3                             | 3    | 3   | 3      | 374  | James Caldon       | Male U40   | Benfleet RC                   | Benfleet           | 1:00:58.0 | 1:00:54.7 | 0:03  | 6:05 | 3:47 | 30:04 | 3  | 30:53 | 0   |
| 4                             | 4    | 1   | 4      | 342  | David Blow         | Male 50    |                               | Sheffield          | 1:01:52.7 | 1:01:49.6 | 0:03  | 6:10 | 3:50 | 31:35 | 6  | 30:17 | 2   |
| 5                             | 5    | 4   | 5      | 210  | Sam Pearch         | Male U40   | Shelton striders              | Derby              | 1:02:04.2 | 1:02:01.3 | 0:02  | 6:12 | 3:51 | 30:58 | 4  | 31:05 | -1  |
| 6                             | 6    | 5   | 6      | 299  | Nathaniel Manning  | Male U40   | BnB                           |                    | 1:04:46.7 | 1:04:43.6 | 0:03  | 6:28 | 4:01 | 31:20 | 5  | 33:26 | -1  |
| 7                             | 7    | 6   | 7      | 298  | Lucas Manning      | Male U40   | BnB                           | Alfreton           | 1:05:14.3 | 1:05:14.3 | 0:00  | 6:31 | 4:03 | 33:15 | 7  | 31:58 | 0   |
| 8                             | 8    | 7   | 8      | 193  | Michael Bland      | Male U40   | Long Eaton Running Club       | Nottingham         | 1:07:10.8 | 1:07:06.1 | 0:04  | 6:42 | 4:10 | 34:21 | 10 | 32:48 | 2   |
| 9                             | 9    | 1   | 9      | 213  | Andy Brooks        | Male 45    | Shelton Striders              | DERBY              | 1:07:48.4 | 1:07:44.3 | 0:04  | 6:46 | 4:12 | 34:12 | 9  | 33:36 | 0   |
| 10                            | 10   | 2   | 10     | 281  | Patrick Fitzgerald | Male 50    | Long Eaton Running Club       | Nottingham         | 1:08:51.1 | 1:08:46.3 | 0:04  | 6:52 | 4:16 | 34:39 | 11 | 34:11 | 1   |
| 11                            | 11   | 2   | 11     | 322  | Neil Realey        | Male 45    |                               |                    | 1:09:01.2 | 1:08:56.7 | 0:04  | 6:53 | 4:17 | 35:20 | 15 | 33:40 | 4   |
| 12                            | 13   | 8   | 12     | 65   | Ryan Meads         | Male U40   | Ilkeston Running Club         | Derbyshire         | 1:09:50.4 | 1:09:50.4 | 0:00  | 6:59 | 4:20 | 33:44 | 8  | 36:06 | -4  |
| 13                            | 12   | 9   | 13     | 187  | Joseph Tideswell   | Male U40   |                               | Ilkeston           | 1:09:52.6 | 1:09:47.8 | 0:04  | 6:58 | 4:20 | 35:07 | 12 | 34:45 | -1  |
| 14                            | 14   | 10  | 14     | 355  | Roy Hobson         | Male U40   | Shelton Striders              |                    | 1:10:21.6 | 1:10:18.2 | 0:03  | 7:01 | 4:22 | 35:11 | 13 | 35:10 | -1  |
| 15                            | 15   | 3   | 15     | 237  | Glen Weston        | Male 50    | Kimberley & District Striders | Nottingham         | 1:11:09.8 | 1:11:03.0 | 0:06  | 7:06 | 4:24 | 36:10 | 20 | 34:58 | 5   |
| 16                            | 16   | 3   | 16     | 84   | Karl Walker        | Male 45    |                               | Nottingham         | 1:11:11.6 | 1:11:05.9 | 0:05  | 7:06 | 4:25 | 35:50 | 18 | 35:20 | 2   |
| 17                            | 17   | 11  | 17     | 126  | Lee Cutforth       | Male U40   | Kimberley & District Striders | Nottingham         | 1:11:39.7 | 1:11:33.0 | 0:06  | 7:09 | 4:26 | 36:12 | 21 | 35:27 | 4   |
| 18                            | 18   | 12  | 18     | 181  | Luke Saxton        | Male U40   |                               | Nottingham         | 1:12:54.0 | 1:12:48.1 | 0:05  | 7:16 | 4:31 | 36:26 | 22 | 36:27 | 4   |
| 19                            | 19   | 13  | 19     | 212  | Richard West       | Male U40   | Ripley Running Club           | Ripley             | 1:12:57.5 | 1:12:52.7 | 0:04  | 7:17 | 4:31 | 35:42 | 17 | 37:14 | -2  |
| 20                            | 20   | 14  | 20     | 388  | Matthew Savage     | Male U40   |                               | Derby              | 1:12:58.8 | 1:12:55.2 | 0:03  | 7:17 | 4:31 | 35:14 | 14 | 37:44 | -6  |
| 21                            | 21   | 4   | 21     | 217  | Brian Warner       | Male 45    | Sinfin RC                     | Derby              | 1:13:12.4 | 1:13:08.7 | 0:03  | 7:18 | 4:32 | 35:51 | 19 | 37:20 | -2  |
| 22                            | 23   | 5   | 22     | 12   | Brendan Devlin     | Male 45    | Sinfin RC                     | Derby              | 1:13:25.7 | 1:13:21.5 | 0:04  | 7:20 | 4:33 | 36:30 | 23 | 36:55 | 1   |
| 23                            | 22   | 15  | 23     | 5    | Will Johnson       | Male U40   |                               | Nottingham         | 1:13:26.8 | 1:13:19.5 | 0:07  | 7:19 | 4:33 | 35:38 | 16 | 37:47 | -7  |
| 24                            | 24   | 4   | 24     | 349  | John Taylor        | Male 50    | Rolls Royce Harriers          | Derby              | 1:13:59.4 | 1:13:51.5 | 0:07  | 7:23 | 4:35 | 37:33 | 25 | 36:26 | 1   |
| 25                            | 25   | 1   | 1      | 60   | Evelyn Vickery     | Female 40  | Formula One Circuit Crew      | Nottingham         | 1:14:28.3 | 1:14:22.0 | 0:06  | 7:26 | 4:37 | 36:44 | 24 | 37:43 | -1  |
| 26                            | 26   | 6   | 25     | 376  | Anthony Taylor     | Male 45    |                               | Worcester          | 1:15:06.8 | 1:14:57.0 | 0:09  | 7:29 | 4:39 | 38:02 | 29 | 37:04 | 3   |
| 27                            | 27   | 1   | 26     | 119  | Colin Lewis        | Male 60    | Erewash Valley Running        | Nottingham         | 1:15:15.1 | 1:15:05.9 | 0:09  | 7:30 | 4:39 | 37:46 | 26 | 37:28 | -1  |
| 28                            | 29   | 5   | 27     | 396  | Stephen Doleman    | Male 50    |                               | Nottingham         | 1:15:51.2 | 1:15:49.4 | 0:01  | 7:34 | 4:42 | 37:56 | 28 | 37:54 | 0   |
| 29                            | 28   | 1   | 2      | 111  | Clare Harrison     | Female 35  | Sinfin RC                     | Derby              | 1:15:52.3 | 1:15:43.3 | 0:08  | 7:34 | 4:42 | 38:08 | 30 | 37:43 | 1   |
| 30                            | 30   | 1   | 3      | 320  | Natalie Wilson     | Female U35 | Redhill Road Runners          | NOTTINGHAM         | 1:16:25.3 | 1:16:19.6 | 0:05  | 7:37 | 4:44 | 38:55 | 37 | 37:29 | 7   |
| 31                            | 31   | 16  | 28     | 332  | Ashley Starr       | Male U40   |                               | Nottingham         | 1:16:29.8 | 1:16:24.6 | 0:05  | 7:38 | 4:44 | 38:34 | 31 | 37:55 | 0   |
| 32                            | 33   | 17  | 29     | 289  | Michael Clark      | Male U40   | Heanor Running Club           | Nottingham         | 1:16:48.6 | 1:16:41.5 | 0:07  | 7:40 | 4:45 | 39:07 | 39 | 37:41 | 7   |
| 33                            | 32   | 18  | 30     | 390  | Luke Inglis        | Male U40   | Shelton Striders              | Derby              | 1:16:50.3 | 1:16:40.5 | 0:09  | 7:40 | 4:45 | 39:32 | 42 | 37:17 | 9   |
| 34                            | 34   | 1   | 31     | 278  | Ian Matthews       | Male 40    |                               | Derby              | 1:17:32.1 | 1:17:27.5 | 0:04  | 7:44 | 4:48 | 38:37 | 33 | 38:55 | -1  |
| 35                            | 35   | 7   | 32     | 31   | Richard Mitson     | Male 45    | Notts AC                      | NOTTINGHAM         | 1:17:37.3 | 1:17:30.6 | 0:06  | 7:45 | 4:48 | 38:35 | 32 | 39:01 | -3  |
| 36                            | 37   | 19  | 33     | 108  | Matt Baker         | Male U40   | Ripley Running Club           | Belper             | 1:17:39.4 | 1:17:34.8 | 0:04  | 7:45 | 4:49 | 38:49 | 35 | 38:50 | -1  |
| 37                            | 38   | 2   | 34     | 302  | Richard Kimber     | Male 40    | Ripley Running Club           | Ripley             | 1:17:39.9 | 1:17:35.5 | 0:04  | 7:45 | 4:49 | 38:47 | 34 | 38:52 | -3  |
| 38                            | 36   | 2   | 4      | 288  | Catherine Millet   | Female 40  | Formula One Circuit Crew      | Nottingham         | 1:17:47.3 | 1:17:34.3 | 0:13  | 7:45 | 4:49 | 38:50 | 36 | 38:56 | -2  |
| 39                            | 39   | 2   | 35     | 235  | Steve Taylor       | Male 60    | Formula One Circuit Crew      | Nottingham         | 1:18:32.3 | 1:18:26.0 | 0:06  | 7:50 | 4:52 | 38:57 | 38 | 39:34 | -1  |
| 40                            | 40   | 20  | 36     | 184  | Alex Ghee          | Male U40   |                               | London             | 1:19:19.5 | 1:19:10.5 | 0:08  | 7:55 | 4:55 | 39:54 | 47 | 39:24 | 7   |
| 41                            | 41   | 1   | 5      | 48   | Tracey Glover      | Female 45  | South Derbyshire Road         |                    | 1:19:24.8 | 1:19:17.7 | 0:07  | 7:55 | 4:55 | 39:44 | 44 | 39:40 | 3   |
| 42                            | 42   | 3   | 37     | 61   | Rob Pearce         | Male 40    | Belper Harriers               | Sutton In Ashfield | 1:19:44.3 | 1:19:38.0 | 0:06  | 7:57 | 4:56 | 39:15 | 40 | 40:28 | -2  |
| 43                            | 43   | 21  | 38     | 321  | James Realey       | Male U40   | Shelton Striders              | Derby              | 1:19:52.2 | 1:19:44.4 | 0:07  | 7:58 | 4:57 | 40:55 | 53 | 38:56 | 10  |
| 44                            | 44   | 6   | 39     | 47   | Paul Glover        | Male 50    | South Derbyshire Road         | Swadlincote        | 1:19:54.2 | 1:19:47.3 | 0:06  | 7:58 | 4:57 | 39:48 | 45 | 40:05 | 1   |
| 45                            | 45   | 2   | 6      | 66   | Natalie Meads      | Female U35 |                               |                    | 1:20:09.0 | 1:20:05.2 | 0:03  | 8:00 | 4:58 | 39:29 | 41 | 40:39 | -4  |
| 46                            | 46   | 7   | 40     | 41   | Wayne Yearwood     | Male 50    | Ripley Running Club           | Nottingham         | 1:20:14.0 | 1:20:06.9 | 0:07  | 8:00 | 4:58 | 40:00 | 48 | 40:13 | 2   |
| 47                            | 48   | 8   | 41     | 400  | Mark Tomlinson     | Male 50    | Redhill Road Runners          | Nottingham         | 1:20:28.8 | 1:20:22.9 | 0:05  | 8:02 | 4:59 | 41:14 | 58 | 39:14 | 11  |
| 48                            | 47   | 8   | 42     | 165  | Steve Haskard      | Male 45    | Kimberley & District Striders | Nottinghamshire    | 1:20:35.8 | 1:20:20.7 | 0:15  | 8:02 | 4:59 | 40:18 | 49 | 40:17 | 1   |
| 49                            | 49   | 22  | 43     | 82   | John Reynolds      | Male U40   | JT Fitness Bootcamp           | Ilkeston           | 1:20:57.6 | 1:20:53.1 | 0:04  | 8:05 | 5:01 | 37:55 | 27 | 43:01 | -22 |
| 50                            | 50   | 3   | 7      | 234  | Lizzie Poole       | Female 40  | Team Balanced Performance     | Riddings           | 1:21:09.0 | 1:20:56.3 | 0:12  | 8:05 | 5:01 | 41:03 | 55 | 40:05 | 5   |
| 51                            | 51   | 4   | 44     | 334  | Neil Wilson        | Male 40    | Derwent Runners (Derby)       | Derby              | 1:21:09.4 | 1:20:56.6 | 0:12  | 8:05 | 5:01 | 41:03 | 56 | 40:05 | 5   |

**10 mile Finisher List**

| Gun | Chip | Cat | Gender | Race | Name (first, last)    | Age grp    | Club                     | Town              | Gun time  | Chip time | Start | Pace | Pace | Lap 1 | L1  | Lap 2 | Pos |
|-----|------|-----|--------|------|-----------------------|------------|--------------------------|-------------------|-----------|-----------|-------|------|------|-------|-----|-------|-----|
| 52  | 52   | 5   | 45     | 295  | Darren Bradley        | Male 40    | Shelton Striders         | Derby             | 1:21:13.8 | 1:21:07.1 | 0:06  | 8:06 | 5:02 | 41:23 | 59  | 39:50 | 7   |
| 53  | 53   | 1   | 46     | 369  | Stuart Shipley        | Male 55    | Chesapeake Road Runners  | Derby             | 1:21:19.7 | 1:21:14.5 | 0:05  | 8:07 | 5:02 | 40:31 | 51  | 40:47 | -2  |
| 54  | 54   | 2   | 8      | 214  | Rachel Shambrook      | Female 35  | Redhill Road Runners     | Nottingham        | 1:21:33.9 | 1:21:25.7 | 0:08  | 8:08 | 5:03 | 41:39 | 63  | 39:54 | 9   |
| 55  | 55   | 23  | 47     | 122  | Andy Moat             | Male U40   | Heanor Running Club      | Alfreton          | 1:21:36.9 | 1:21:30.5 | 0:06  | 8:09 | 5:03 | 42:17 | 70  | 39:19 | 15  |
| 56  | 56   | 24  | 48     | 168  | Ian Salt              | Male U40   | Heanor Running Club      | Derby             | 1:21:37.0 | 1:21:31.7 | 0:05  | 8:09 | 5:03 | 42:17 | 69  | 39:19 | 13  |
| 57  | 57   | 9   | 49     | 243  | Gary Price            | Male 50    | South Derbyshire Road    | Burton upon Trent | 1:21:40.8 | 1:21:33.8 | 0:07  | 8:09 | 5:04 | 40:19 | 50  | 41:21 | -7  |
| 58  | 58   | 3   | 9      | 362  | Lisa Doyle            | Female 35  | Redhill Road Runners     | NOTTINGHAM        | 1:21:46.4 | 1:21:37.5 | 0:08  | 8:09 | 5:04 | 41:39 | 64  | 40:07 | 6   |
| 59  | 59   | 10  | 50     | 24   | David Greenwell       | Male 50    | UKnetrunner.co.UK        | Nottingham        | 1:22:11.1 | 1:21:56.2 | 0:14  | 8:11 | 5:05 | 40:47 | 52  | 41:23 | -7  |
| 60  | 60   | 3   | 10     | 2    | Rachel Farrow         | Female U35 | Shelton Striders         | Derby             | 1:22:18.0 | 1:22:09.9 | 0:08  | 8:12 | 5:06 | 41:42 | 65  | 40:36 | 5   |
| 61  | 61   | 4   | 11     | 148  | Sarah Sutton          | Female U35 | Team Derby Runner        | Derby             | 1:22:20.0 | 1:22:12.5 | 0:07  | 8:13 | 5:06 | 41:43 | 66  | 40:36 | 5   |
| 62  | 62   | 4   | 12     | 269  | Teresa Wood           | Female 40  | Anytime Fitness Ilkeston | Heanor            | 1:22:38.4 | 1:22:26.4 | 0:12  | 8:14 | 5:07 | 41:33 | 62  | 41:04 | 0   |
| 63  | 63   | 9   | 51     | 233  | Dean Ward             | Male 45    | Shelton Striders         | DERBY             | 1:22:39.1 | 1:22:27.7 | 0:11  | 8:14 | 5:07 | 41:33 | 61  | 41:05 | -2  |
| 64  | 64   | 6   | 52     | 97   | Andrew Dodsley        | Male 40    | Rolls Royce Harriers     | Derby             | 1:22:54.8 | 1:22:46.8 | 0:07  | 8:16 | 5:08 | 39:53 | 46  | 43:01 | -18 |
| 65  | 65   | 10  | 53     | 379  | Mick Nicholson        | Male 45    | JT Fitness Bootcamp      | ILKESTON          | 1:22:56.0 | 1:22:49.9 | 0:06  | 8:16 | 5:08 | 40:56 | 54  | 41:59 | -11 |
| 66  | 66   | 2   | 54     | 185  | David Darton          | Male 55    | York Knavesmire Harriers | York              | 1:23:17.6 | 1:23:06.0 | 0:11  | 8:18 | 5:09 | 42:45 | 80  | 40:31 | 14  |
| 67  | 67   | 2   | 13     | 114  | Sharon Collins        | Female 45  | Sinfin RC                |                   | 1:23:48.4 | 1:23:38.6 | 0:09  | 8:21 | 5:11 | 42:05 | 68  | 41:42 | 1   |
| 68  | 68   | 25  | 55     | 191  | Dave Stapleton        | Male U40   |                          | Derby             | 1:23:49.5 | 1:23:43.0 | 0:06  | 8:22 | 5:12 | 43:01 | 83  | 40:48 | 15  |
| 69  | 69   | 11  | 56     | 156  | Gary Bates            | Male 45    | North Derbyshire RC      | CHESTERFIELD      | 1:24:05.1 | 1:23:55.2 | 0:09  | 8:23 | 5:12 | 43:50 | 86  | 40:15 | 17  |
| 70  | 70   | 5   | 14     | 325  | Claire Hill           | Female 40  | Formula One Circuit Crew | Nottingham        | 1:24:16.1 | 1:24:02.7 | 0:13  | 8:24 | 5:13 | 41:12 | 57  | 43:03 | -13 |
| 71  | 71   | 5   | 15     | 327  | Heather Thornley      | Female U35 | Redhill Road Runners     | Nottingham        | 1:24:53.6 | 1:24:47.4 | 0:06  | 8:28 | 5:16 | 42:19 | 71  | 42:34 | 0   |
| 72  | 72   | 26  | 57     | 367  | Paul Bell             | Male U40   | Heanor Running Club      | HEANOR            | 1:25:16.4 | 1:25:10.1 | 0:06  | 8:31 | 5:17 | 42:24 | 72  | 42:51 | 0   |
| 73  | 73   | 6   | 16     | 392  | Katy Murphy           | Female U35 | Ilkeston Running Club    | Ilkeston          | 1:25:22.6 | 1:25:14.6 | 0:08  | 8:31 | 5:17 | 42:32 | 76  | 42:50 | 3   |
| 74  | 74   | 4   | 17     | 286  | Louise Woolley        | Female 35  | Redhill Road Runners     | Nottingham        | 1:25:27.1 | 1:25:18.9 | 0:08  | 8:31 | 5:18 | 42:31 | 75  | 42:55 | 1   |
| 75  | 75   | 7   | 58     | 113  | Michael Collins       | Male 40    | Sinfin RC                | Derby             | 1:25:50.8 | 1:25:41.8 | 0:08  | 8:34 | 5:19 | 42:25 | 73  | 43:25 | -2  |
| 76  | 76   | 11  | 59     | 395  | Dennis Holmes         | Male 50    | Ripley Running Club      | Ripley            | 1:26:01.6 | 1:25:56.8 | 0:04  | 8:35 | 5:20 | 39:33 | 43  | 46:28 | -33 |
| 77  | 78   | 12  | 60     | 190  | Mark Shaw             | Male 45    | Holme Pierrepont Running | Nottingham        | 1:26:25.9 | 1:26:18.3 | 0:07  | 8:37 | 5:21 | 42:37 | 79  | 43:48 | 2   |
| 78  | 77   | 1   | 18     | 285  | Alison Cardwell       | Female 50  | Styal Running Club       | Cheshire          | 1:26:29.9 | 1:26:14.9 | 0:15  | 8:37 | 5:21 | 44:02 | 89  | 42:27 | 11  |
| 79  | 79   | 7   | 19     | 357  | Sarah Holmes          | Female U35 | Belper Harriers          | Belper            | 1:26:36.8 | 1:26:30.1 | 0:06  | 8:39 | 5:22 | 42:29 | 74  | 44:07 | -5  |
| 80  | 80   | 6   | 20     | 252  | Emma Thornelaw        | Female 40  | North Derbyshire RC      | Chesterfield      | 1:26:42.8 | 1:26:32.2 | 0:10  | 8:39 | 5:22 | 43:51 | 87  | 42:50 | 7   |
| 81  | 82   | 27  | 61     | 135  | David Stevenson       | Male U40   |                          | Nottingham        | 1:26:49.2 | 1:26:40.0 | 0:09  | 8:40 | 5:23 | 42:32 | 77  | 44:16 | -4  |
| 82  | 81   | 28  | 62     | 336  | Shaun Wright          | Male U40   |                          | NOTTINGHAM        | 1:26:52.4 | 1:26:39.5 | 0:12  | 8:39 | 5:23 | 42:33 | 78  | 44:19 | -4  |
| 83  | 83   | 5   | 21     | 363  | Karen Wood            | Female 35  |                          | Beeston           | 1:27:01.8 | 1:26:49.0 | 0:12  | 8:40 | 5:23 | 44:01 | 88  | 43:00 | 5   |
| 84  | 84   | 3   | 22     | 14   | Liz Phillips          | Female 45  | Shelton Striders         | Ashbourne         | 1:27:26.0 | 1:27:16.8 | 0:09  | 8:43 | 5:25 | 44:47 | 94  | 42:38 | 10  |
| 85  | 85   | 13  | 63     | 223  | Neil Walker           | Male 45    | Formula One Circuit Crew | Nottingham        | 1:27:47.3 | 1:27:30.8 | 0:16  | 8:45 | 5:26 | 44:20 | 91  | 43:26 | 6   |
| 86  | 86   | 8   | 23     | 143  | Kirsty Fairbairn-wint | Female U35 | Mansfield Harriers       | Mansfield         | 1:27:49.4 | 1:27:33.3 | 0:16  | 8:45 | 5:26 | 42:47 | 81  | 45:01 | -5  |
| 87  | 87   | 6   | 24     | 22   | Jennifer Price        | Female 35  | Rebel runners            | Nottingham        | 1:27:50.5 | 1:27:34.1 | 0:16  | 8:45 | 5:26 | 42:48 | 82  | 45:01 | -5  |
| 88  | 88   | 8   | 64     | 196  | Paul Sherlock         | Male 40    |                          | Nottingham        | 1:28:05.4 | 1:27:58.2 | 0:07  | 8:47 | 5:27 | 43:42 | 85  | 44:23 | -3  |
| 89  | 89   | 12  | 65     | 305  | Damian Cowlshaw       | Male 50    | Long Eaton Running Club  | Nottingham        | 1:28:18.6 | 1:28:05.7 | 0:12  | 8:48 | 5:28 | 45:25 | 101 | 42:53 | 12  |
| 90  | 90   | 9   | 25     | 34   | Becky Summerfield     | Female U35 |                          | Ilkeston          | 1:28:29.0 | 1:28:15.4 | 0:13  | 8:49 | 5:29 | 44:17 | 90  | 44:11 | 0   |
| 91  | 91   | 10  | 26     | 162  | Katie Alexander       | Female U35 | Strideout                | Sheffield         | 1:28:30.3 | 1:28:17.0 | 0:13  | 8:49 | 5:29 | 46:12 | 111 | 42:18 | 20  |
| 92  | 92   | 11  | 27     | 335  | Sahra McCabe          | Female U35 | Team Derby Runner        | Castle Donington  | 1:28:33.5 | 1:28:25.9 | 0:07  | 8:50 | 5:29 | 41:43 | 67  | 46:50 | -25 |
| 93  | 93   | 14  | 66     | 270  | Michael Wood          | Male 45    | Anytime Fitness Ilkeston | Heanor            | 1:28:46.8 | 1:28:38.6 | 0:08  | 8:51 | 5:30 | 43:20 | 84  | 45:26 | -9  |
| 94  | 94   | 7   | 28     | 236  | Dione Peel            | Female 35  | Long Eaton Running Club  | Long Eaton        | 1:28:56.0 | 1:28:42.7 | 0:13  | 8:52 | 5:30 | 46:28 | 115 | 42:27 | 21  |
| 95  | 95   | 29  | 67     | 350  | Paul Bentley          | Male U40   | Barrow Runners           | Barrow up-on Soar | 1:29:21.1 | 1:29:02.7 | 0:18  | 8:54 | 5:31 | 46:02 | 109 | 43:18 | 14  |
| 96  | 96   | 9   | 68     | 306  | Michael Drury         | Male 40    | Redhill Road Runners     | Arnold            | 1:29:31.0 | 1:29:15.1 | 0:15  | 8:55 | 5:32 | 44:47 | 93  | 44:44 | -3  |
| 97  | 97   | 8   | 29     | 315  | Shells Cook           | Female 35  |                          | BURTON JOYCE      | 1:29:43.3 | 1:29:35.6 | 0:07  | 8:57 | 5:34 | 45:00 | 96  | 44:42 | -1  |
| 98  | 99   | 9   | 30     | 347  | Jane Harris           | Female 35  | Erewash Valley Running   | Sandiacre         | 1:29:51.7 | 1:29:38.7 | 0:12  | 8:57 | 5:34 | 46:43 | 120 | 43:08 | 22  |
| 99  | 98   | 4   | 31     | 1    | Michelle Yates        | Female 45  | Redhill Road Runners     | Redhill           | 1:29:55.6 | 1:29:38.0 | 0:17  | 8:57 | 5:34 | 45:21 | 100 | 44:33 | 1   |
| 100 | 100  | 7   | 32     | 192  | Michele Noble         | Female 40  | Holme Pierrepont Running | Nottingham        | 1:30:09.5 | 1:29:58.0 | 0:11  | 8:59 | 5:35 | 44:21 | 92  | 45:48 | -8  |
| 101 | 101  | 3   | 69     | 205  | Mark Jackson          | Male 55    | Matlock Athletic Club    | Youlgrave         | 1:30:17.3 | 1:30:04.0 | 0:13  | 9:00 | 5:35 | 44:54 | 95  | 45:23 | -6  |
| 102 | 103  | 10  | 33     | 102  | Catherine Newton      | Female 35  |                          | Leicester         | 1:30:42.7 | 1:30:29.9 | 0:12  | 9:02 | 5:37 | 45:39 | 104 | 45:02 | 2   |
| 103 | 104  | 15  | 70     | 101  | Matthew Henning       | Male 45    | Shelton Striders         | Sandiacre         | 1:30:42.7 | 1:30:33.4 | 0:09  | 9:03 | 5:37 | 45:09 | 97  | 45:33 | -6  |

## 10 mile Finisher List

| Gun | Chip | Cat | Gender | Race | Name (first, last) | Age grp    | Club                          | Town         | Gun time  | Chip time | Start | Pace  | Pace | Lap 1 | L1  | Lap 2 | Pos |
|-----|------|-----|--------|------|--------------------|------------|-------------------------------|--------------|-----------|-----------|-------|-------|------|-------|-----|-------|-----|
| 104 | 102  | 4   | 71     | 77   | Richard Fildes     | Male 55    | Sinfin RC                     |              | 1:30:45.0 | 1:30:21.4 | 0:23  | 9:02  | 5:36 | 49:01 | 140 | 41:43 | 36  |
| 105 | 105  | 3   | 72     | 313  | David Hicken       | Male 60    | North Derbyshire RC           | Chesterfield | 1:31:01.1 | 1:30:51.2 | 0:09  | 9:05  | 5:38 | 45:39 | 103 | 45:21 | -2  |
| 106 | 107  | 30  | 73     | 337  | Tim Staniforth     | Male U40   |                               | Derby        | 1:31:06.9 | 1:30:58.0 | 0:08  | 9:05  | 5:39 | 45:52 | 108 | 45:13 | 2   |
| 107 | 108  | 1   | 34     | 224  | Eleanor Robinson   | Female 60+ | Ripley Running Club           | Alfreton     | 1:31:12.5 | 1:31:02.7 | 0:09  | 9:06  | 5:39 | 45:26 | 102 | 45:46 | -5  |
| 108 | 106  | 12  | 35     | 174  | Jessica Dobson     | Female U35 |                               | Nottingham   | 1:31:14.8 | 1:30:56.5 | 0:18  | 9:05  | 5:39 | 46:15 | 112 | 44:59 | 4   |
| 109 | 109  | 31  | 74     | 13   | Robert Softley     | Male U40   | Chesapeake Road Runners       | Derby        | 1:31:19.1 | 1:31:14.2 | 0:04  | 9:07  | 5:40 | 41:30 | 60  | 49:48 | -49 |
| 110 | 110  | 10  | 75     | 345  | Simon Bray         | Male 40    | Sinfin RC                     | Derby        | 1:31:34.3 | 1:31:22.5 | 0:11  | 9:08  | 5:40 | 45:11 | 99  | 46:22 | -11 |
| 111 | 111  | 13  | 36     | 123  | Michelle Tilbury   | Female U35 | Kimberley & District Striders | Nottingham   | 1:31:38.8 | 1:31:25.5 | 0:13  | 9:08  | 5:40 | 45:48 | 106 | 45:50 | -5  |
| 112 | 113  | 13  | 76     | 338  | Trevor Stephenson  | Male 50    |                               | Mansfield    | 1:31:43.2 | 1:31:36.4 | 0:06  | 9:09  | 5:41 | 45:10 | 98  | 46:32 | -14 |
| 113 | 112  | 32  | 77     | 249  | Daniel Howe        | Male U40   |                               | Castleford   | 1:31:50.2 | 1:31:34.9 | 0:15  | 9:09  | 5:41 | 46:26 | 114 | 45:23 | 1   |
| 114 | 114  | 33  | 78     | 178  | Andrew Brown       | Male U40   |                               | Derbyshire   | 1:32:01.8 | 1:31:45.4 | 0:16  | 9:10  | 5:42 | 47:18 | 127 | 44:43 | 13  |
| 115 | 115  | 2   | 37     | 385  | Bev Barnes         | Female 50  | Redhill Road Runners          | Nottingham   | 1:32:32.6 | 1:32:24.1 | 0:08  | 9:14  | 5:44 | 47:04 | 124 | 45:28 | 9   |
| 116 | 116  | 11  | 79     | 109  | Gareth Tomlinson   | Male 40    | Wreake Runners                | Rothley      | 1:33:00.5 | 1:32:43.4 | 0:17  | 9:16  | 5:45 | 54:43 | 200 | 38:16 | 84  |
| 117 | 117  | 2   | 38     | 375  | Liz Stillo         | Female 60+ | Derbyshire Dynamos            | Chinley      | 1:33:06.5 | 1:32:49.5 | 0:17  | 9:16  | 5:46 | 46:45 | 121 | 46:21 | 4   |
| 118 | 118  | 11  | 39     | 311  | Helen Joy          | Female 35  | Team Derby Runner             | Derby        | 1:33:08.7 | 1:32:51.8 | 0:16  | 9:17  | 5:46 | 47:53 | 131 | 45:15 | 13  |
| 119 | 119  | 16  | 80     | 310  | Darren Wilson      | Male 45    | Team Derby Runner             | Derby        | 1:33:09.7 | 1:32:52.6 | 0:17  | 9:17  | 5:46 | 47:53 | 130 | 45:16 | 11  |
| 120 | 120  | 3   | 40     | 307  | Jane Hudson        | Female 50  | Long Eaton Running Club       | Derby        | 1:33:19.3 | 1:33:05.3 | 0:13  | 9:18  | 5:47 | 47:13 | 125 | 46:05 | 5   |
| 121 | 121  | 17  | 81     | 124  | Matthew Whitmill   | Male 45    | Kimberley & District Striders |              | 1:33:37.9 | 1:33:22.2 | 0:15  | 9:20  | 5:48 | 46:45 | 122 | 46:52 | 1   |
| 122 | 122  | 12  | 82     | 20   | Dean Osborne       | Male 40    | Team Derby Runner             | Spondon      | 1:33:40.8 | 1:33:33.6 | 0:07  | 9:21  | 5:48 | 46:41 | 116 | 46:59 | -6  |
| 123 | 123  | 8   | 41     | 284  | Sheena Parry       | Female 40  | Team Derby Runner             | Long Eaton   | 1:33:41.1 | 1:33:33.7 | 0:07  | 9:21  | 5:48 | 46:41 | 117 | 46:59 | -6  |
| 124 | 124  | 4   | 83     | 317  | Steve Ebbage       | Male 60    | Rushcliffe AC                 | Nott'm       | 1:33:49.9 | 1:33:39.1 | 0:10  | 9:21  | 5:49 | 47:02 | 123 | 46:47 | -1  |
| 125 | 125  | 18  | 84     | 226  | Stuart Baird       | Male 45    |                               | Nottingham   | 1:33:58.1 | 1:33:43.9 | 0:14  | 9:22  | 5:49 | 45:45 | 105 | 48:12 | -20 |
| 126 | 126  | 14  | 85     | 186  | Colin Lea          | Male 50    | York Knavesmire Harriers      |              | 1:34:22.2 | 1:34:09.4 | 0:12  | 9:24  | 5:51 | 49:59 | 149 | 44:22 | 23  |
| 127 | 127  | 9   | 42     | 59   | Daniella Wood      | Female 40  | Erewash Valley Running        | Nottingham   | 1:34:26.8 | 1:34:14.9 | 0:11  | 9:25  | 5:51 | 47:32 | 128 | 46:54 | 1   |
| 128 | 128  | 34  | 86     | 251  | Kyle Jones         | Male U40   |                               | Alfreton     | 1:34:34.5 | 1:34:25.8 | 0:08  | 9:26  | 5:52 | 45:49 | 107 | 48:45 | -21 |
| 129 | 129  | 35  | 87     | 329  | Ben Mycock         | Male U40   |                               |              | 1:34:35.7 | 1:34:29.4 | 0:06  | 9:26  | 5:52 | 46:43 | 119 | 47:52 | -10 |
| 130 | 130  | 36  | 88     | 164  | Phill Brown        | Male U40   |                               | Nottingham   | 1:35:16.4 | 1:35:02.4 | 0:14  | 9:30  | 5:54 | 47:15 | 126 | 48:01 | -4  |
| 131 | 131  | 14  | 43     | 67   | Sara Harrison      | Female U35 |                               | Nottingham   | 1:35:46.1 | 1:35:31.5 | 0:14  | 9:33  | 5:56 | 46:43 | 118 | 49:03 | -13 |
| 132 | 132  | 15  | 44     | 52   | Holly McCain       | Female U35 | Notts Women Runners           | Nottingham   | 1:36:18.7 | 1:36:04.6 | 0:14  | 9:36  | 5:58 | 49:06 | 141 | 47:12 | 9   |
| 133 | 134  | 5   | 45     | 366  | Elaine Clifford    | Female 45  | Notts Women Runners           | Nottingham   | 1:36:59.8 | 1:36:43.8 | 0:15  | 9:40  | 6:00 | 49:33 | 143 | 47:26 | 10  |
| 134 | 133  | 1   | 89     | 96   | Derek Brailsford   | Male 65+   | Crawley Saints and Sinners    | Nottingham   | 1:37:03.5 | 1:36:39.5 | 0:23  | 9:39  | 6:00 | 49:55 | 148 | 47:07 | 14  |
| 135 | 135  | 16  | 46     | 88   | Sarah Callaway     | Female U35 |                               | Nottingham   | 1:37:10.7 | 1:36:56.4 | 0:14  | 9:41  | 6:01 | 46:24 | 113 | 50:46 | -22 |
| 136 | 138  | 6   | 47     | 38   | Amanda McLeod      | Female 45  |                               |              | 1:37:30.7 | 1:37:20.8 | 0:09  | 9:44  | 6:02 | 48:13 | 134 | 49:17 | -2  |
| 137 | 139  | 10  | 48     | 356  | Sara-Jane Nuttall  | Female 40  |                               |              | 1:37:31.0 | 1:37:21.0 | 0:10  | 9:44  | 6:02 | 48:13 | 135 | 49:17 | -2  |
| 138 | 137  | 11  | 49     | 378  | Sarah Viaene       | Female 40  |                               | Heanor       | 1:37:33.7 | 1:37:16.6 | 0:17  | 9:43  | 6:02 | 49:27 | 142 | 48:06 | 4   |
| 139 | 136  | 13  | 90     | 155  | Mel Wilson         | Male 40    |                               | NOTTINGHAM   | 1:37:33.8 | 1:37:15.0 | 0:18  | 9:43  | 6:02 | 47:51 | 129 | 49:42 | -10 |
| 140 | 140  | 7   | 50     | 175  | Susan Coleman      | Female 45  |                               | Heanor       | 1:37:42.5 | 1:37:25.5 | 0:17  | 9:44  | 6:03 | 49:44 | 145 | 47:57 | 5   |
| 141 | 141  | 12  | 51     | 43   | Karen Calladine    | Female 35  | Fetch Everyone                | Mansfield    | 1:37:48.4 | 1:37:28.8 | 0:19  | 9:44  | 6:03 | 48:29 | 136 | 49:18 | -5  |
| 142 | 142  | 13  | 52     | 229  | Helen Clarke       | Female 35  | Formula One Circuit Crew      | Nottingham   | 1:37:57.9 | 1:37:42.6 | 0:15  | 9:46  | 6:04 | 47:57 | 132 | 50:00 | -10 |
| 143 | 143  | 17  | 53     | 397  | Rachel Scott       | Female U35 |                               | Alfreton     | 1:38:02.5 | 1:37:53.6 | 0:08  | 9:47  | 6:04 | 48:09 | 133 | 49:53 | -10 |
| 144 | 144  | 14  | 54     | 258  | Angela Miller      | Female 35  | Team Derby Runner             | Derby        | 1:38:12.7 | 1:37:56.7 | 0:16  | 9:47  | 6:05 | 49:45 | 146 | 48:27 | 2   |
| 145 | 145  | 12  | 55     | 55   | Jo Walker          | Female 40  | Mansfield Harriers            | Nottingham   | 1:38:19.1 | 1:38:10.8 | 0:08  | 9:49  | 6:06 | 50:29 | 156 | 47:49 | 11  |
| 146 | 146  | 18  | 56     | 276  | Liz Spinks         | Female U35 | Notts Women Runners           | Nottingham   | 1:38:53.4 | 1:38:34.4 | 0:19  | 9:51  | 6:07 | 50:44 | 160 | 48:08 | 14  |
| 147 | 147  | 19  | 57     | 291  | Abi Pascoe         | Female U35 | Notts Women Runners           |              | 1:39:22.4 | 1:39:10.4 | 0:12  | 9:55  | 6:09 | 49:50 | 147 | 49:31 | 0   |
| 148 | 148  | 2   | 91     | 121  | Ken Smedley        | Male 65+   | Jog Derbyshire Rutland        | Nottingham   | 1:39:22.5 | 1:39:11.9 | 0:10  | 9:55  | 6:09 | 51:08 | 169 | 48:13 | 21  |
| 149 | 150  | 5   | 92     | 137  | David Richards     | Male 55    | Formula One Circuit Crew      |              | 1:39:28.4 | 1:39:15.6 | 0:12  | 9:55  | 6:10 | 46:03 | 110 | 53:24 | -39 |
| 150 | 149  | 3   | 58     | 204  | Tessa Brough       | Female 60+ | Matlock Athletic Club         | Youlgrave    | 1:39:29.6 | 1:39:15.1 | 0:14  | 9:55  | 6:10 | 48:49 | 138 | 50:40 | -12 |
| 151 | 151  | 20  | 59     | 277  | Lyndsey Wright     | Female U35 | Notts Women Runners           | Nottingham   | 1:39:53.7 | 1:39:35.1 | 0:18  | 9:57  | 6:11 | 50:44 | 161 | 49:08 | 10  |
| 152 | 152  | 15  | 60     | 103  | Sallyann Bingham   | Female 35  |                               | Sheffield    | 1:40:05.2 | 1:39:54.5 | 0:10  | 9:59  | 6:12 | 49:44 | 144 | 50:20 | -8  |
| 153 | 153  | 16  | 61     | 146  | Jo Severn          | Female 35  |                               | Ilkeston     | 1:40:15.2 | 1:39:59.6 | 0:15  | 9:59  | 6:12 | 48:33 | 137 | 51:41 | -16 |
| 154 | 155  | 13  | 62     | 134  | Rebecca Crossley   | Female 40  | UKnetrunner.co.UK             | Derby        | 1:40:25.7 | 1:40:15.2 | 0:10  | 10:01 | 6:13 | 50:08 | 151 | 50:17 | -3  |
| 155 | 154  | 14  | 63     | 365  | Kate Williams      | Female 40  | Redhill Road Runners          | NOTTINGHAM   | 1:40:33.5 | 1:40:13.5 | 0:20  | 10:01 | 6:13 | 51:33 | 171 | 49:00 | 16  |

## 10 mile Finisher List

| Gun | Chip | Cat | Gender | Race | Name (first, last)   | Age grp    | Club                          | Town              | Gun time  | Chip time | Start | Pace  | Pace | Lap 1 | L1  | Lap 2 | Pos |
|-----|------|-----|--------|------|----------------------|------------|-------------------------------|-------------------|-----------|-----------|-------|-------|------|-------|-----|-------|-----|
| 156 | 156  | 17  | 64     | 239  | Nicola Photiou       | Female 35  | Erewash Valley Running        | Nottingham        | 1:40:46.4 | 1:40:35.1 | 0:11  | 10:03 | 6:15 | 50:22 | 154 | 50:24 | -2  |
| 157 | 157  | 4   | 65     | 51   | Dawn Morley          | Female 50  | Fitness Matters               | SUTTON-IN-ASHFIE  | 1:40:58.9 | 1:40:38.7 | 0:20  | 10:03 | 6:15 | 50:23 | 155 | 50:35 | -2  |
| 158 | 158  | 5   | 66     | 240  | Melanie Ceney        | Female 50  | Mansfield Harriers            | Mansfield         | 1:41:01.5 | 1:40:52.5 | 0:08  | 10:05 | 6:16 | 50:41 | 159 | 50:19 | 1   |
| 159 | 159  | 19  | 93     | 100  | Shaun Borrill        | Male 45    | Long Eaton Running Club       | Nottingham        | 1:41:22.0 | 1:41:01.8 | 0:20  | 10:06 | 6:16 | 50:54 | 165 | 50:27 | 6   |
| 160 | 160  | 37  | 94     | 35   | Oliver Tupman        | Male U40   |                               |                   | 1:41:37.6 | 1:41:23.1 | 0:14  | 10:08 | 6:17 | 50:14 | 153 | 51:23 | -7  |
| 161 | 161  | 18  | 67     | 381  | Sara Nairn           | Female 35  | Notts Women Runners           | Nottingham        | 1:41:59.5 | 1:41:41.9 | 0:17  | 10:10 | 6:19 | 51:48 | 176 | 50:10 | 15  |
| 162 | 162  | 15  | 68     | 383  | Rachel Moore         | Female 40  | Notts Women Runners           | Nottingham        | 1:41:59.6 | 1:41:42.2 | 0:17  | 10:10 | 6:19 | 51:48 | 175 | 50:10 | 13  |
| 163 | 164  | 21  | 69     | 316  | Nikki Dunbar         | Female U35 | Heanor Running Club           | Ilkeston          | 1:42:28.4 | 1:42:17.9 | 0:10  | 10:13 | 6:21 | 50:53 | 163 | 51:34 | 0   |
| 164 | 163  | 20  | 95     | 221  | Michael Abrahams     | Male 45    | Buxton & District AC          | High Peak         | 1:42:31.3 | 1:42:07.7 | 0:23  | 10:12 | 6:20 | 51:24 | 170 | 51:06 | 6   |
| 165 | 165  | 8   | 70     | 3    | Jackie Smith         | Female 45  | Notts Women Runners           | Nottingham        | 1:42:34.4 | 1:42:19.4 | 0:15  | 10:13 | 6:21 | 51:45 | 173 | 50:49 | 8   |
| 166 | 166  | 16  | 71     | 387  | Vicki Street         | Female 40  | North Derbyshire RC           | Chesterfield      | 1:42:35.2 | 1:42:24.0 | 0:11  | 10:14 | 6:21 | 51:05 | 167 | 51:29 | 1   |
| 167 | 167  | 9   | 72     | 211  | Sue Davenport        | Female 45  | North Derbyshire RC           | Chesterfield      | 1:42:35.4 | 1:42:25.0 | 0:10  | 10:14 | 6:21 | 51:04 | 166 | 51:31 | -1  |
| 168 | 170  | 17  | 73     | 296  | Esther Davey         | Female 40  |                               | Nottingham        | 1:42:42.3 | 1:42:36.7 | 0:05  | 10:15 | 6:22 | 50:53 | 162 | 51:48 | -6  |
| 169 | 168  | 18  | 74     | 36   | Kerry Zyngiel        | Female 40  | Ashbourne RC                  | Ashbourne         | 1:42:47.9 | 1:42:33.0 | 0:14  | 10:15 | 6:22 | 51:35 | 172 | 51:12 | 3   |
| 170 | 169  | 22  | 75     | 199  | Clare Biddle         | Female U35 | Notts Women Runners           | Nottingham        | 1:42:51.8 | 1:42:35.2 | 0:16  | 10:15 | 6:22 | 51:47 | 174 | 51:04 | 4   |
| 171 | 171  | 6   | 76     | 323  | Tracy Critchlow      | Female 50  | Derbyshire Dynamos            | HIGH PEAK         | 1:43:00.8 | 1:42:44.3 | 0:16  | 10:16 | 6:23 | 50:35 | 157 | 52:25 | -14 |
| 172 | 172  | 7   | 77     | 131  | Alison Woodrow       | Female 50  | Woodthorpe Huffers &          | Nottingham        | 1:43:04.6 | 1:42:53.0 | 0:11  | 10:17 | 6:23 | 50:39 | 158 | 52:24 | -14 |
| 173 | 173  | 8   | 78     | 72   | Zarana Dickinson     | Female 50  | Chasewater Runners            | Walsall           | 1:43:32.2 | 1:43:25.9 | 0:06  | 10:20 | 6:25 | 50:54 | 164 | 52:37 | -9  |
| 174 | 174  | 38  | 96     | 265  | Leigh Burgin         | Male U40   | Anytime Fitness Ilkeston      | Ilkeston          | 1:44:02.1 | 1:43:44.4 | 0:17  | 10:22 | 6:26 | 48:58 | 139 | 55:03 | -35 |
| 175 | 175  | 9   | 79     | 326  | Alyson Woodcock      | Female 50  |                               | Derby             | 1:44:24.8 | 1:44:09.0 | 0:15  | 10:24 | 6:28 | 51:52 | 177 | 52:32 | 2   |
| 176 | 176  | 21  | 97     | 368  | Andrew Bradley       | Male 45    | Redhill Road Runners          | Nottingham        | 1:44:29.9 | 1:44:11.7 | 0:18  | 10:25 | 6:28 | 50:00 | 150 | 54:29 | -26 |
| 177 | 178  | 14  | 98     | 343  | Matthew Quinney      | Male 40    |                               | Ilkeston          | 1:44:41.1 | 1:44:35.3 | 0:05  | 10:27 | 6:29 | 50:11 | 152 | 54:29 | -25 |
| 178 | 177  | 23  | 80     | 380  | Helen Lovegrove      | Female U35 |                               | Derby             | 1:44:47.9 | 1:44:32.3 | 0:15  | 10:27 | 6:29 | 51:53 | 178 | 52:54 | 0   |
| 179 | 180  | 10  | 81     | 372  | Paula Argyle         | Female 50  | Redhill Road Runners          | Nottingham        | 1:45:26.5 | 1:45:08.6 | 0:17  | 10:30 | 6:32 | 52:25 | 180 | 53:00 | 1   |
| 180 | 179  | 19  | 82     | 373  | Tamzin Yates         | Female 40  | Redhill Road Runners          | Nottingham        | 1:45:26.6 | 1:45:08.5 | 0:18  | 10:30 | 6:31 | 52:26 | 181 | 53:00 | 1   |
| 181 | 181  | 1   | 83     | 136  | Lorraine Varney      | Female 55  | Formula One Circuit Crew      | Nottingham        | 1:45:28.6 | 1:45:13.1 | 0:15  | 10:31 | 6:32 | 51:06 | 168 | 54:21 | -13 |
| 182 | 182  | 19  | 84     | 150  | Hannah Standing      | Female 35  |                               | Melton Mowbray    | 1:46:14.3 | 1:46:00.7 | 0:13  | 10:36 | 6:35 | 52:06 | 179 | 54:07 | -3  |
| 183 | 183  | 20  | 85     | 56   | Jacqui Brookes       | Female 35  | Notts Women Runners           | Nottingham        | 1:46:43.0 | 1:46:25.7 | 0:17  | 10:38 | 6:36 | 53:00 | 183 | 53:42 | 0   |
| 184 | 184  | 21  | 86     | 58   | Laura Burton         | Female 35  |                               | Nottingham        | 1:46:43.3 | 1:46:26.4 | 0:16  | 10:38 | 6:36 | 53:04 | 184 | 53:38 | 0   |
| 185 | 185  | 24  | 87     | 144  | Laura Harman         | Female U35 | Notts Women Runners           | Nottingham        | 1:46:45.2 | 1:46:34.9 | 0:10  | 10:39 | 6:37 | 52:41 | 182 | 54:03 | -3  |
| 186 | 186  | 25  | 88     | 280  | Emma Ancliff         | Female U35 |                               | Derbyshire        | 1:47:29.0 | 1:47:12.3 | 0:16  | 10:43 | 6:39 | 54:04 | 192 | 53:24 | 6   |
| 187 | 187  | 39  | 99     | 273  | James Slater         | Male U40   | Smalley Road Runners          | Nottingham        | 1:47:42.0 | 1:47:23.9 | 0:18  | 10:44 | 6:40 | 55:06 | 206 | 52:35 | 19  |
| 188 | 188  | 26  | 89     | 279  | Rebecca Greensmith   | Female U35 |                               | Nottingham        | 1:47:45.5 | 1:47:29.8 | 0:15  | 10:44 | 6:40 | 54:04 | 193 | 53:40 | 5   |
| 189 | 190  | 4   | 90     | 154  | Lesley Pymm          | Female 60+ | Bournville Harriers           | Birmingham        | 1:48:03.8 | 1:47:54.5 | 0:09  | 10:47 | 6:42 | 53:43 | 190 | 54:20 | 1   |
| 190 | 189  | 10  | 91     | 393  | Jayne Potter         | Female 45  | Notts Women Runners           | Nottingham        | 1:48:12.8 | 1:47:53.2 | 0:19  | 10:47 | 6:42 | 54:52 | 203 | 53:20 | 13  |
| 191 | 191  | 15  | 100    | 104  | Matthew Winslow      | Male 40    |                               |                   | 1:48:25.9 | 1:48:15.3 | 0:10  | 10:49 | 6:43 | 54:17 | 196 | 54:07 | 5   |
| 192 | 194  | 11  | 92     | 256  | Sharon Burghart      | Female 45  | Atlanta Track Club            | Nottingham        | 1:49:08.9 | 1:48:58.2 | 0:10  | 10:53 | 6:46 | 55:29 | 207 | 53:39 | 15  |
| 193 | 195  | 15  | 101    | 257  | Aron Burghart        | Male 50    | Atlanta Track Club            |                   | 1:49:09.0 | 1:48:58.4 | 0:10  | 10:53 | 6:46 | 55:29 | 208 | 53:39 | 15  |
| 194 | 192  | 22  | 102    | 166  | Andy Haskard         | Male 45    | Kimberley & District Striders |                   | 1:49:10.2 | 1:48:55.6 | 0:14  | 10:53 | 6:46 | 54:03 | 191 | 55:07 | -3  |
| 195 | 193  | 22  | 93     | 220  | Corrina Harker-Smith | Female 35  | Notts Women Runners           | Nottingham        | 1:49:15.6 | 1:48:56.1 | 0:19  | 10:53 | 6:46 | 55:37 | 210 | 53:38 | 15  |
| 196 | 196  | 27  | 94     | 74   | Tara Buckley         | Female U35 |                               | Belper            | 1:49:44.4 | 1:49:30.3 | 0:14  | 10:57 | 6:48 | 53:35 | 186 | 56:09 | -10 |
| 197 | 197  | 23  | 95     | 71   | Emma Chadwick        | Female 35  |                               | Smalley, Ilkeston | 1:49:55.5 | 1:49:40.9 | 0:14  | 10:58 | 6:48 | 53:36 | 187 | 56:18 | -10 |
| 198 | 198  | 28  | 96     | 209  | Becky Harris         | Female U35 |                               | Alfreton          | 1:50:00.4 | 1:49:51.6 | 0:08  | 10:59 | 6:49 | 53:09 | 185 | 56:51 | -13 |
| 199 | 199  | 29  | 97     | 29   | Laura Johnson        | Female U35 |                               | BARNSELEY         | 1:50:48.6 | 1:50:26.4 | 0:22  | 11:02 | 6:51 | 54:47 | 202 | 56:00 | 3   |
| 200 | 200  | 24  | 98     | 139  | Rebecca Oldershaw    | Female 35  | Derbyshire Dynamos            | Ilkeston          | 1:50:58.8 | 1:50:49.1 | 0:09  | 11:04 | 6:53 | 53:39 | 189 | 57:19 | -11 |
| 201 | 202  | 3   | 103    | 147  | Chris Oldershaw      | Male 65+   | Team Derby Runner             | ILKESTON          | 1:50:59.2 | 1:50:49.3 | 0:09  | 11:04 | 6:53 | 53:36 | 188 | 57:22 | -13 |
| 202 | 201  | 30  | 99     | 161  | Emma Duce            | Female U35 | Notts Women Runners           | Nottingham        | 1:51:04.9 | 1:50:49.3 | 0:15  | 11:04 | 6:53 | 55:41 | 211 | 55:23 | 9   |
| 203 | 203  | 16  | 104    | 4    | Mark Smith           | Male 50    |                               |                   | 1:52:09.5 | 1:51:52.6 | 0:16  | 11:11 | 6:57 | 55:42 | 212 | 56:26 | 9   |
| 204 | 204  | 2   | 100    | 8    | Karen Parkin         | Female 55  | Woodthorpe Huffers &          | Nottingham        | 1:52:11.9 | 1:51:54.7 | 0:17  | 11:11 | 6:57 | 55:42 | 213 | 56:29 | 9   |
| 205 | 206  | 25  | 101    | 138  | Charlotte Jackson    | Female 35  | Strideout                     | Sheffield         | 1:52:32.2 | 1:52:18.8 | 0:13  | 11:13 | 6:58 | 55:55 | 214 | 56:36 | 9   |
| 206 | 205  | 31  | 102    | 118  | Sarah Ross           | Female U35 | Notts Women Runners           | Nottingham        | 1:52:35.5 | 1:52:15.9 | 0:19  | 11:13 | 6:58 | 56:08 | 215 | 56:27 | 9   |
| 207 | 207  | 26  | 103    | 346  | Gemma Cotter         | Female 35  |                               | Derby             | 1:52:41.0 | 1:52:28.4 | 0:12  | 11:14 | 6:59 | 56:25 | 216 | 56:15 | 9   |

## 10 mile Finisher List

| Gun | Chip | Cat | Gender | Race | Name (first, last) | Age grp    | Club                          | Town            | Gun time  | Chip time | Start | Pace  | Pace | Lap 1 | L1  | Lap 2 | Pos |
|-----|------|-----|--------|------|--------------------|------------|-------------------------------|-----------------|-----------|-----------|-------|-------|------|-------|-----|-------|-----|
| 208 | 209  | 32  | 104    | 53   | Denise Hooley      | Female U35 |                               | Nottingham      | 1:53:40.3 | 1:53:30.7 | 0:09  | 11:21 | 7:03 | 54:53 | 204 | 58:46 | -4  |
| 209 | 208  | 20  | 105    | 75   | Abi Spencer        | Female 40  |                               | Stapleford      | 1:53:40.9 | 1:53:28.9 | 0:11  | 11:20 | 7:03 | 54:53 | 205 | 58:47 | -4  |
| 210 | 211  | 21  | 106    | 105  | Lynn Gration       | Female 40  | Chesapeake Road Runners       | Derby           | 1:54:04.4 | 1:53:55.6 | 0:08  | 11:23 | 7:04 | 54:21 | 199 | 59:42 | -11 |
| 211 | 210  | 27  | 107    | 106  | Claire Murfin      | Female 35  | Chesapeake Road Runners       | Derby           | 1:54:04.6 | 1:53:55.2 | 0:09  | 11:23 | 7:04 | 54:21 | 198 | 59:43 | -13 |
| 212 | 212  | 6   | 105    | 15   | Paul Phillips      | Male 55    | Shelton Striders              |                 | 1:54:43.2 | 1:54:31.5 | 0:11  | 11:27 | 7:06 | 57:46 | 220 | 56:56 | 8   |
| 213 | 213  | 28  | 108    | 180  | Theresa Copcutt    | Female 35  |                               | Mansfield       | 1:55:11.3 | 1:54:50.1 | 0:21  | 11:29 | 7:08 | 58:01 | 221 | 57:10 | 8   |
| 214 | 214  | 5   | 109    | 128  | Susan Mcloughlin   | Female 60+ | Kimberley & District Striders | Nottingham      | 1:55:15.2 | 1:55:01.3 | 0:13  | 11:30 | 7:08 | 55:35 | 209 | 59:39 | -5  |
| 215 | 215  | 33  | 110    | 68   | Ellen Williams     | Female U35 | Chasewater Runners            | Burntwood       | 1:55:22.9 | 1:55:16.8 | 0:06  | 11:31 | 7:09 | 54:09 | 194 | 61:13 | -21 |
| 216 | 216  | 34  | 111    | 69   | Anne Carter        | Female U35 | Canicross Midlands            | Fiskerton       | 1:55:31.5 | 1:55:25.3 | 0:06  | 11:32 | 7:10 | 54:20 | 197 | 61:11 | -19 |
| 217 | 217  | 22  | 112    | 127  | Andrea Lawless     | Female 40  | Kimberworth Striders          | Rotherham       | 1:55:49.9 | 1:55:37.2 | 0:12  | 11:33 | 7:11 | 58:10 | 223 | 57:39 | 6   |
| 218 | 218  | 23  | 113    | 198  | Kerry Middleton    | Female 40  | Kimberworth Striders          | Rotherham       | 1:55:58.0 | 1:55:45.3 | 0:12  | 11:34 | 7:11 | 58:08 | 222 | 57:49 | 4   |
| 219 | 219  | 35  | 114    | 90   | Eleanor Spencer    | Female U35 |                               | Ripley          | 1:56:56.7 | 1:56:43.0 | 0:13  | 11:40 | 7:15 | 57:16 | 217 | 59:39 | -2  |
| 220 | 221  | 12  | 115    | 64   | Alison Allen       | Female 45  |                               |                 | 1:56:56.7 | 1:56:43.3 | 0:13  | 11:40 | 7:15 | 57:17 | 218 | 59:39 | -2  |
| 221 | 220  | 6   | 116    | 319  | Jayne Giles        | Female 60+ |                               | Mansfield       | 1:57:04.3 | 1:56:43.1 | 0:21  | 11:40 | 7:15 | 58:50 | 227 | 58:13 | 6   |
| 222 | 222  | 40  | 106    | 30   | Carl Levitt        | Male U40   |                               |                 | 1:57:14.1 | 1:56:52.1 | 0:21  | 11:41 | 7:15 | 54:46 | 201 | 62:27 | -21 |
| 223 | 223  | 13  | 117    | 28   | Julie Bridges      | Female 45  | Notts Women Runners           | Nottingham      | 1:57:28.8 | 1:57:07.8 | 0:20  | 11:42 | 7:16 | 59:36 | 234 | 57:52 | 11  |
| 224 | 224  | 29  | 118    | 80   | Sarah Jorgensen    | Female 35  | Notts Women Runners           | Nottingham      | 1:57:29.1 | 1:57:08.1 | 0:21  | 11:42 | 7:16 | 59:23 | 232 | 58:05 | 8   |
| 225 | 225  | 30  | 119    | 7    | Mhairi Bowe        | Female 35  | Notts Women Runners           | Gedling         | 1:57:33.9 | 1:57:13.3 | 0:20  | 11:43 | 7:17 | 59:22 | 231 | 58:11 | 6   |
| 226 | 226  | 36  | 120    | 99   | Honor Hamshaw      | Female U35 | Kimberworth Striders          | Rotherham       | 1:58:37.1 | 1:58:25.4 | 0:11  | 11:50 | 7:21 | 58:13 | 224 | 60:23 | -2  |
| 227 | 227  | 37  | 121    | 98   | Becky Drake        | Female U35 | Kimberworth Striders          | Rotherham       | 1:59:12.6 | 1:58:59.9 | 0:12  | 11:53 | 7:23 | 58:19 | 225 | 60:53 | -2  |
| 228 | 228  | 24  | 122    | 361  | Carol Martin       | Female 40  | Derbyshire Dynamos            | Heanor          | 1:59:46.7 | 1:59:37.9 | 0:08  | 11:57 | 7:26 | 58:42 | 226 | 61:04 | -2  |
| 229 | 229  | 23  | 107    | 95   | Scott Freeman      | Male 45    |                               | Derby           | 2:00:01.5 | 1:59:40.6 | 0:20  | 11:58 | 7:26 | 60:09 | 235 | 59:52 | 6   |
| 230 | 230  | 41  | 108    | 312  | Ben Hulett         | Male U40   |                               | Dronfield       | 2:00:09.1 | 1:59:57.1 | 0:11  | 11:59 | 7:27 | 54:17 | 195 | 65:51 | -35 |
| 231 | 231  | 42  | 109    | 202  | Barry Stone        | Male U40   |                               |                 | 2:00:18.6 | 2:00:10.3 | 0:08  | 12:01 | 7:28 | 59:17 | 229 | 61:01 | -2  |
| 232 | 232  | 38  | 123    | 201  | Emma Herd          | Female U35 |                               | Oakham          | 2:00:19.7 | 2:00:12.1 | 0:07  | 12:01 | 7:28 | 59:18 | 230 | 61:01 | -2  |
| 233 | 233  | 14  | 124    | 218  | Karen Unger        | Female 45  | NDRC                          | Chesterfield    | 2:00:55.7 | 2:00:34.9 | 0:20  | 12:03 | 7:29 | 61:21 | 237 | 59:33 | 4   |
| 234 | 234  | 15  | 125    | 76   | Lisa Fildes        | Female 45  | Rolls Royce Harriers          | Derby           | 2:01:12.2 | 2:00:49.3 | 0:22  | 12:04 | 7:30 | 59:07 | 228 | 62:05 | -6  |
| 235 | 235  | 16  | 126    | 107  | Tracey Cooper      | Female 45  | Notts Women Runners           | Nottingham      | 2:01:38.0 | 2:01:19.9 | 0:18  | 12:07 | 7:32 | 59:24 | 233 | 62:13 | -2  |
| 236 | 236  | 4   | 110    | 120  | Steve Case         | Male 65+   | Jog Derbyshire Rutland        | Ilkeston        | 2:03:09.2 | 2:02:58.4 | 0:10  | 12:17 | 7:38 | 57:26 | 219 | 65:42 | -17 |
| 237 | 237  | 11  | 127    | 78   | Sandra Cairns      | Female 50  |                               | Burntwood       | 2:04:33.7 | 2:04:27.4 | 0:06  | 12:26 | 7:44 | 61:16 | 236 | 63:17 | -1  |
| 238 | 238  | 17  | 128    | 171  | Julie Gallagher    | Female 45  | Notts Women Runners           | Nottingham      | 2:06:06.5 | 2:05:45.7 | 0:20  | 12:34 | 7:48 | 62:56 | 238 | 63:09 | 0   |
| 239 | 239  | 18  | 129    | 179  | Lisa Clements      | Female 45  | Notts Women Runners           | Nottingham      | 2:06:14.3 | 2:05:53.6 | 0:20  | 12:35 | 7:49 | 62:57 | 240 | 63:16 | 1   |
| 240 | 240  | 25  | 130    | 386  | Kerry Richardson   | Female 40  | Notts Women Runners           | Notts           | 2:06:14.5 | 2:05:54.1 | 0:20  | 12:35 | 7:49 | 62:57 | 239 | 63:17 | -1  |
| 241 | 241  | 12  | 131    | 377  | Valerie Stevens    | Female 50  | Formula One Circuit Crew      | Nottinghamshire | 2:08:17.2 | 2:08:02.8 | 0:14  | 12:48 | 7:57 | 63:10 | 241 | 65:06 | 0   |

Number of records: 241